

UNIT 1 | GENERATION GAP AND INDEPENDENT LIFE

C. EXERCISE (BÀI TẬP)

① PHONETICS

I. Choose the words whose underlined part is pronounced differently from that of the others in each group.

- | | | | |
|-----------------------------|-------------------------|-----------------------------|------------------------|
| 1. A. <u>a</u> rgument | B. ma <u>n</u> ner | C. <u>a</u> ttitude | D. na <u>g</u> |
| 2. A. ge <u>n</u> eration | B. inde <u>p</u> endent | C. po <u>c</u> k <u>e</u> t | D. me <u>d</u> ical |
| 3. A. str <u>i</u> ct | B. self <u>i</u> sh | C. i <u>m</u> age | D. re <u>l</u> iable |
| 4. A. re <u>l</u> ationship | B. tre <u>n</u> d | C. i <u>n</u> ve <u>n</u> t | D. incre <u>d</u> ible |
| 5. A. <u>a</u> gree | B. ma <u>d</u> | C. afterwa <u>r</u> ds | D. <u>a</u> ttention |
| 6. A. spea <u>k</u> ing | B. tea <u>ch</u> ing | C. clea <u>n</u> ing | D. wea <u>r</u> ing |
| 7. A. far <u>m</u> ers | B. grou <u>p</u> s | C. mark <u>e</u> t <u>s</u> | D. park <u>s</u> |
| 8. A. museu <u>m</u> s | B. apart <u>m</u> ents | C. buildi <u>n</u> gs | D. schoo <u>l</u> s |
| 9. A. store <u>s</u> | B. temple <u>s</u> | C. house <u>s</u> | D. grade <u>s</u> |
| 10. A. watch <u>e</u> s | B. class <u>e</u> s | C. dish <u>e</u> s | D. aeroplane <u>s</u> |

II. Choose the word whose main stressed syllable is placed differently from that of the other in each group.

- | | | | |
|--------------------|--------------|-----------------|----------------|
| 11. A. difficult | B. worried | C. career | D. campfire |
| 12. A. manner | B. body | C. future | D. remote |
| 13. A. money | B. attend | C. access | D. selfish |
| 14. A. performance | B. astronaut | C. relationship | D. reliable |
| 15. A. museum | B. beautiful | C. library | D. concentrate |

② VOCABULARY AND GRAMMAR

Word formation

Complete the sentences with the correct form of the words.

1. I had been **experiencing** a lot of technical **difficulties**. (difficult)
2. Mary has developed a deep **dependence** on her husband. (depend)
3. I'm not too **worried** about the weather. (worry)
4. They want to **empower** their students to get the skills they need for future jobs. (power)
5. She had a good **relationship** with his family. (relate)
6. "I can't finish my assignment on time," she said **worriedly**. (worry)
7. We have **reliable** information that a strike is planned next month. (rely)
8. Your son's **selfishness** here must be very disappointing. (selfish)
9. She always wears **trendy** clothes. (trend)
10. She should go to the doctor because she has a **nagging** cough. (nag)
11. This would be the perfect **setting** for a wedding. (set)
12. John has been financially **independent**. (depend)
13. We had an **argument** about what game to play. (argue)
14. They are studying the **behavior** of elephants in the wild. (behave)
15. Some of them give really helpful **advice** about the job market. (advise)

UNIT OPENER

I. Write the suitable word for each picture.

(Student's book, Unit Opener. Page 15)

		
1. independent	2. old-fashioned	3. strict
		
4. worried	5. easy-going	6. difficult

II. Complete the sentences with the words in exercise I.

1. He's very **old-fashioned** and thinks that women should not work outside the home.
2. The manager is a **difficult** person to deal with.
3. I've always been financially **independent**.
4. My parents were very **strict** with me when I was young.
5. She's a generous and **easy-going** boss.
6. Mary had a **worried** look on her face.

LESSON 1A. READING

I. Fill in the blanks using the words in the box.

trend	relationship	argument	selfish	teenagers	agree	reliable
rules	understand	powerless	chatting	mad	fashion	complained

(Student's book, Reading, Page 16)

1. Scientists have established the **relationship** between lung cancer and smoking
2. She never considers anyone but herself - she's totally **selfish**.
3. Her long skirt is right on **trend** this winter.
4. My car is old but it's **reliable**.
5. I had an **argument** with my boss.
6. The police seem to be **powerless** to prevent these attacks.
7. Many parents find it hard to relate to their children when they are **teenagers**.
8. My parents don't **understand** me.
9. Most parents set studying **rules** for their children.
10. She **complained** that she had too much work to do.
11. She spends hours on the phone **chatting** to her friends.
12. You must be **mad** to go out in this weather.
13. Long skirt is back in **fashion** for women.
14. Although we like his plan in general, we don't **agree** with him on every issue.

II. Complete the sentences with the correct form of the words.

16. These **behaviours** can be observed among many children who have lost a parent or other loved one. (**behave**)

17. I don't think that's a very strong **argument**. (**argue**)
18. Mary is very **independent** and does all her own shopping and cooking. (**independence**)
19. We were very **worried** when he did not answer his phone. (**worry**)
20. I've made a **complaint** to the police about the noise. (**complain**)
21. I think I'll take your **advice** and go home. (**advise**)
22. Jane and her sister are completely **different**. (**differ**)
23. She's an extremely **powerful** runner. (**power**)
24. The whole family was in **agreement** with her about what they should do. (**agree**)
25. Mr. Phong made an **arrangement** to see us at two o'clock. (**arrange**)

III. Fill in the blanks with words from the unit. The first letter is already there.

1. My parents complain that I don't **listen** to their advice.
2. My mum's always **nagging** me to get my hair cut.
3. Emma complains that her daughter usually **breaks** the rules.
4. My sister doesn't **help** with the chores.
5. Peter complains that his parents don't **like** his friends.
6. My mom always helps me when I **have** problems.
7. Mr. and Mrs. Smith complain that their children don't **get** enough sleep.
8. Mr. John often **set** studying rules for his sons.

IV. Reading

Help Me Holly: Advice for teens

Q: I'm Tina and I'm in my last year at school so I'm busy studying for my exams, but I want to stay fit. What should I do?

A: I can imagine that you don't have much free time, but you must try and get some exercise. **0 [E]** Exercise is good because your heart pumps more blood around your body. This produces more oxygen and helps the brain. This means we can then think clearer and concentrate more, which will help your school work. If our brains didn't get enough oxygen, they wouldn't work well. **1 []**

Q: I'm Oliver. I really love seafood but sometimes after I've eaten it, my skin gets itchy. What can I do?

A: I wonder whether you are allergic to it. It's quite common. You should see your doctor straight away. **2 []** You don't have to worry, but you should get some medical advice. And you should stop eating seafood in the meantime.

Q: I'm Paul and I want to try surfing because it looks fun. Do I have to have lessons?

A: Surfing is a great activity to do to keep fit. **3 []** It's a safe sport, but you ought to have lessons with a qualified instructor. They can tell you where and when is the best place and time to surf. You must be a good swimmer and you should already be quite fit. You must also have the right equipment – the correct size surfboard and a wetsuit.

Q: I'm Sarah and I'm 14. I'm really stressed about school and homework. What can I do?

A: I understand what you're going through and you mustn't feel like you're alone. **4 []** You should speak to a teacher or a parent. **5 []** You ought to try yoga, as well. Activities like yoga help reduce stress and improve your health. Remember, life is about having fun! Don't

forget to hang out with your friends and relax. Sleep is vital too. You can deal with everything better after a good night's sleep!

1. Read the webpage and put these missing sentences in the correct part of the text.

A Lots of teens get stressed.

B And because you're in water, you can avoid injuries like sprained ankles or pulled muscles.

C You should go to the gym or have regular breaks throughout the day and go for a walk.

D Or speak to a friend to see if they feel the same way

Keys 1 C 2 F 3 B 4 A 5 D

2. Read the webpage again and answer the questions.

1. Why is exercise good for your body?

2. In what way does the extra oxygen help your brain?

3. What's Oliver's health problem?

4. What can a qualified surfing instructor give you advice on?

5. What equipment do you need for surfing?

6. What activity is a good stress reliever?

7. What is important for teenagers' health?

Keys

1. Because your heart pumps more blood around your body and this produces more oxygen.

2. It makes you think clearer and concentrate more.

3. He might be allergic to seafood.

4. Where and when is the best place and time to surf.

5. The correct size surfboard and a wetsuit.

6. Yoga.

7. A good night's sleep.

V. Read the passage below and choose one correct answer for each question.

It is generally accepted that teenage is a difficult period of life for the teenagers and even for the parents. Frequent fighting over the most trivial things is one main characteristic of every household with a teenager.

Parents expect their children to come back home earlier. What parents consider the reasonable time limit is not accepted by their teens. Curfew and time restrictions become one of the main reasons for fights.

Teenage is a time when a lot of kids want to show their independence. The problem arises when parents, fearing the safety of their teens, often refuse to give them their own bikes or motorbikes. This, of course, leads to more fights.

A decrease in grades due to increasing difficulty level of school work, newer subjects, more socializing is very common among teens but their parents are not sympathetic. Parents try to impose studying rules and insist that their teens finish their homework before going out. This makes the situation worse.

That children spend too much time on the phone is one complaint that most parents have. The age of smartphones has ensured that kids put their smartphones above almost everything else. Parents, however, worry that teens spending too much time on their phones lose out on family time and real human interaction, besides harming their eyes.

Teenagers develop a taste for unhealthy but delicious fast food, while parents believe that a growing body needs proper nutrition. As cold drinks, burgers and pizzas replace wholesome, home cooked meals, parents worry. Moreover, teenage is a time when kids become more and more conscious of their weight and body image. To achieve the 'ideal' thin body type, girls often starve themselves and skip meals. Of course, this also leads to a lot of arguments between parents who try to convince their daughters that proper meals are more important than being thin.

1. Teenage is a difficult period of life for both teenagers and parents because _____

- A. children always do the most trivial things in every household.
- B. parents expect their children to come back home as they would like to.
- C. children spend too much time on their phones, talking to their friends.
- D. parents don't understand what their children think and believe.**

2. Children would like to have their own bikes or motorbikes _____.

- A. to satisfy their parents
- B. to show their independence**
- C. lose out on family time and real human interaction
- D. to avoid curfew and time restrictions

3. All of the following are the results why there is a decrease in grades EXCEPT _____.

- A. sympathy from parents**
- B. newer subjects
- C. higher level of school work

D. social life

4. Parents believed that _____.

A. teenagers love unhealthy but delicious fast food

B. children should have a good shape rather than proper nutrition

C. a growing body requires proper diets and nutrients

D. cold drinks, burgers and pizzas become more popular

5. The main idea of the passage is _____.

A. different tastes between parents and children in food

B. common reasons why teenagers fight with parents

C. curfew and time restriction on children

D. development of physical and mental aspects during teenage.

LESSON 1B. GRAMMAR

I. Put the verbs in brackets into the Present simple.

1. It (be) _____ a fact that smart phone (help) _____ us a lot in our life.
2. I often (travel) _____ to some of my favorite destinations every summer.
3. Our Math lesson usually (finish) _____ at 4.00 p.m.
4. The reason why Susan (not eat) _____ meat is that she (be) _____ a vegetarian.
5. People in Ho Chi Minh City (be) _____ very friendly and they (smile) _____ a lot.
6. The flight (start) _____ at 6 a. m every Thursday.
7. Peter (not study) _____ very hard. He never gets high scores.
8. I like oranges and she (like) _____ apples.
9. My mom and my sister (cook) _____ lunch every day.
10. They (have) _____ breakfast together every morning.
11. What time _____ (you / get) _____ up every morning?
12. Mr. Smith (work) _____ for Eastern Airlines.
13. My friends (go) _____ camping every summer.
14. (you / like) _____ swimming?
15. Katie (get up) _____ at 6:00 am every day.
16. We always (use) _____ dictionary in class.
17. School (start) _____ at 9:00 in the morning.
18. My parents (not live) _____ in Chicago.
19. Your aunt (not like) _____ pop music.
20. (Kara / study) _____ French?
21. (he / play) _____ basketball?
22. Lea and her sister (watch) _____ TV every day after dinner.
23. Pamela never (play) _____ video games.
24. Dogs (not play) _____ with cats.
25. Claire (listen) _____ to jazz music.
26. His daughter always (take) _____ their dog out for a walk.
27. I usually (go) _____ to bed around 10 o'clock.
28. What time (you / get up) _____ on weekdays?
29. Which bus (you / take) _____ to go to school?

30. My son usually (visit) _____ his grandpa on the weekends.

KEYS

1. is/ helps
2. travel
3. finishes
4. doesn't eat / is
5. are / smile
6. starts
7. doesn't
8. likes
9. cook
10. have
11. do you get
12. works
13. go
14. Do you like
15. gets up
16. use
17. starts
18. don't live
19. doesn't like
20. Does Kara study
21. Does he play
22. watch
23. plays
24. don't play
25. listens
26. takes
27. go
28. do you get up
29. do you take
30. visits

II. Complete the following sentences using present continuous tense.

1. My son (talk) _____ on the phone right now.
2. (you / sleep) _____?
3. Jason (do) _____ his homework at the moment.
4. Tom (work) _____ on a project nowadays.
5. My kids (play) _____ in the garden now.
6. Some people (wait) _____ to talk to you.
7. My wife (not cook) _____ today.
8. (Lucas / study) _____ for his exam right now?
9. (Ryan / play) _____ the piano now?
10. Lea and I (paint) _____ the fences today.
11. Andrea (help) _____ me at present.
12. My children (not listen) _____ to the radio now.
13. Selena (not drink) _____ tea now.
14. I (vacuum) _____ the carpet right now.

15. My father (watch) _____ TV now.
16. What (she / eat) _____ right now?
17. (your dog / hide) _____ from me?
18. What book (you / read) _____ nowadays?
19. Thomas (drive) _____ me home now.
20. I (wash) _____ my face at the moment.

KEYS

1. is talking
2. Are you sleeping
3. is doing
4. is working
5. are playing
6. are waiting
7. isn't cooking
8. Is Lucas studying
9. Is Ryan playing
10. are painting
11. is helping
12. aren't listening
13. isn't drinking
14. am vacuuming
15. is watching
16. is she eating
17. Is your dog hiding
18. are you reading
19. is driving
20. am washing

III. Complete the following sentences using present continuous tense.

1. I _____ a letter now.
A. write B. am writing C. am writting D. wrote
2. Susan _____ the garden at the moment.
A. is diging B. digs C. is digging D. dig
3. Jane _____ to bed at 10 o'clock on weekdays.
A. goes B. is going C. go D. going
4. I am in London this summer. I _____ English.
A. learn B. am learning C. learning D. learned
5. We _____ our friends very often.
A. are seeing B. seeing C. see D. sees
6. My brothers _____ basketball every Saturday.
A. plays B. are playing C. play D. playing
7. The bus sometimes _____ in the morning.
A. is arriving B. arrive C. arrives D. arriving
8. James is a student. But he _____ this week.
A. works B. work C. is working D. worked
9. Lions _____ in Africa.
A. are living B. live C. is living D. lives
10. Our train _____ the platform.

- A. just leaves B. just leave C. is just leaving D. just leaving
11. My parents _____ TV now.
A. are watching B. watch C. watching D. watches
12. Tonight, she _____ my friends at a restaurant.
A. meets B. meet C. are meeting D. is meeting
13. My parents _____ me what to do!
A. always tells B. always telling C. are always telling D. always tell
14. They _____ English and maths and literature these days to prepare for their university entrance exam.
A. study B. are studying C. studying D. studied
15. Max usually _____ to the movies on Friday nights.
A. go B. is going C. goes D. went

KEYS

1. I am writing a letter now.
2. Susan is digging the garden at the moment.
3. Jane goes to bed at 10 o'clock on weekdays.
4. I am in London this summer.
5. I am learning English.
6. We see our friends very often.
7. My brothers play basketball every Saturday.
8. The bus sometimes arrives in the morning.
9. James is a student. But he is working this week.
10. Lions live in Africa. Our train is just leaving the platform.
11. My parents are watching TV now.
12. Tonight, she is meeting my friends at a restaurant.
13. My parents are always telling me what to do!
14. They are studying English and maths and literature these days to prepare for their university entrance exam.
15. Max usually goes to the movies on Friday nights.

III. Stative Verbs

Stative verb or action verb? Choose the most appropriate answer.

-
1. Mary often helps other people. I _____ she is a good woman.
A. think B. am thinking C. have been thinking D. had been thinking
2. I _____ about this project since last summer.
A. think B. am thinking C. have been thinking D. thought
3. Can you help me, please? I _____ for Mr. Smith's office.
A. look B. am looking C. have looked D. looked
4. Is that Peter over there? He _____ old and tired. Is he sick?
A. looks B. has looked C. has been looking D. looked
5. My mom _____ the soup in the kitchen when the telephone rang.
A. has tasted B. has been C. tasting D. was tasting
6. This soup _____ good. I really like it.
A. is tasting B. has been tasting C. tastes D. tasted

7. Could you call a little later? We _____ dinner now.
 A. are having B. have had C. had D. have
8. Kate _____ him for quite a long time. They are good friends.
 A. knows B. has known C. has been knowing D. had known
9. Your bag _____ a ton. There are too many books and notebooks in it.
 A. weighs B. is weighing C. has been weighing D. weighed
10. I _____ a little girl in the room. She is sleeping on the sofa.
 A. see B. am seeing C. saw D. had seen

IV. Linking verbs

1. Circle the linking verb in each sentence below. Then, underline the words that are linked by the verb.

EXAMPLE: Daisy grew tall over the winter.

1. Janes feels listless much of the time recently.
2. The candidates seem confident.
3. The inexperienced traveler felt tired.
4. Those cookies smelt good.
5. Mr. Brown was a farmer in the Midwest.
6. My neighbour sounded frightened on the phone.
7. This new book looks interesting.
8. With Steven away on vacation, I am bored.
9. Alan remained calm throughout the blackout.
10. The speaker appeared relaxed.
11. Robert turned red with embarrassment.
12. This holiday dinner smells delicious.
13. Nick became impatient after ten minutes.
14. This new report sounds accurate.
15. John seemed fit for the job.

LESSON 1C LISTENING

I. Read the description and write the words.

1. unhappy because you are thinking about problems or unpleasant things that might happen. _____ **worried**
2. not taking help or money from other people. _____ **independent**
3. not modern; belonging to or typical of a time in the past. _____ **old-fashioned**
4. deserving trust; dependable. _____ **reliable**
5. not friendly, easy to deal with, or behaving well. _____ **difficult**

6. to continue doing something. _____ **carry on**
 7. to do or complete something. _____ **carry out**

II. Complete the sentences with the words in exercise I.

1. Her husband is a very **difficult** man.
2. Employers want **reliable** workers.
3. Our soldiers **carried out** a successful attack last night.
4. She wears really **old-fashioned** clothes!
5. She is **carrying on** the family tradition by becoming a lawyer.
6. Phil was now much more **independent** of his parents.
7. He is also feeling **worried** about his future mortgage payments.

III. Match the words in the column A to their synonyms or similar words in column B.

A	B
worried	demanding
independent	trustworthy
old-fashioned	self- reliant
reliable	traditional
difficult	upset

KEYS

A	B
worried	upset
independent	self- reliant
old-fashioned	traditional
reliable	trustworthy
difficult	demanding

IV. Listen to the first part of the radio programme about well-being and answer the questions.

0 Why is Chris under pressure at the moment?

He says he has to juggle his schoolwork, studying for his exams and his part-time job.

1 What does he do to deal with the pressure?

2 How does he say this benefits him?

3 What does Jade say she is a part of?

4 Where does she like to sing?

5 What does she do when she's feeling a bit down?

Keys

1. He does athletics twice a week at the running track.
2. It makes him feel better and helps him concentrate.
3. A band.
4. She sings everywhere – in the shower, the car, in her bedroom.
5. She puts on her favourite music and sings along.

Audio Scripts

E - Emma C - Chris J - Jade

E: Welcome to Mind and Body with me, Emma Watts. Today we're talking about well-being and how it can be achieved. It isn't always easy being a teen, is it? There's so much pressure, so it's important that teens take care of themselves. In a moment I will talk to Dr Robert Freedman. But first, I asked two students how they deal with the pressure. First, Chris.

C: Well, I'm trying to juggle my schoolwork, studying for my exams and a part-time job. How do I stay happy? I do athletics twice a week. I go to the running track and run my cares away. It makes me feel better and helps me concentrate.

E: Jade.

J: I love singing. I'm the lead singer in a band. And whenever I'm not singing in the band, I sing everywhere else – in the shower, the car, in my bedroom... If I'm feeling a bit down, I put on my favourite music and sing along.

LESSON 1D SPEAKING

1. Write the suitable word for each picture.

		
1. attitude and behaviour	2. friends and relationships	3. body image
		
4. family problems	5. future career	6. school performance

II. Match the sentences with the teenage problems in exercise I.

- I had gained about 20 lbs of fat. I can't stand seeing myself in the mirror.
_____ **body image**
- Every night my parents fight and fight. What can I do? _____ **family problems**
- I don't like our classroom do? _ rules and guidelines so I don't follow them.
_____ **attitude and behaviour**
- I feel so worried about my grades. _____ **school performance**
- I don't know what I am good at so I cannot choose what to do in the future.
_____ **future career**
- I didn't agree with my roommates, so we haven't talked to each other for 2 days.
_____ **friends and relationships.**

LESSON 1D WRITING

I. Rewrite the sentences using the given words.

- classmates / well/ with/ gets/ Mary/ most/ of/on/ her/.

.....
Mary gets on well with most of her classmates.

- rules/ I/ break/ never/ the/.

.....
I never break the rules.

- parents/ rules/ hard/ always/ my/ set/.

.....
My parents always set hard rules.

- mom/ out/ worried/ me/ my/ about / is/ go/ when/.

.....
My mom is worried about me when I go out.

- dad/ Jane's/ agree/ wears/ doesn't/ with/ she/ What/.

.....

II. Write an informal email

You had problems with your close friend.

Write an email to Jane. In the email, you should:

- tell her about the problem you had.
- say what you worry about the problem?
- ask Jane for advice

Write your email in about 100 words.

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