

## LỚP 7 GHK1 FORM 2026 TEST 4

*Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.*

**Question 1.** A. collected      B. cleaned      C. decided      D. affected

**Question 2.** A. kissed      B. caused      C. danced      D. based

*Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.*

**Question 3.** A. belong      B. yoga      C. cardboard      D. acne

**Question 4.** A. money      B. collect      C. tutor      D. homeless

*Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.*

**Question 5.** Eating tofu and coloured vegetables is good \_\_\_\_\_ your health.

A. of      B. on      C. at      D. for

**Question 6.** Jane is \_\_\_\_\_ in making pottery because she wants to have an experience at Bat Trang village.

A. interest      B. interesting      C. interested      D. interestingly

**Question 7.** We \_\_\_\_\_ food for homeless children last Tet holiday.

A. provided      B. donated      C. exchanged      D. tutored

**Question 8.** We \_\_\_\_\_ bottles to help the environment last month.

A. reuses      B. reused      C. reusing      D. reuse

**Question 9.** Do you like reading books? - \_\_\_\_\_.

A. Yes, very much      B. Wonderful      C. Me too      D. Sound great

**Question 10.** I have a big coin \_\_\_\_\_. They are from many different countries.

A. club      B. hobby      C. collection      D. creativity

**Question 11.** It's \_\_\_\_\_ for a boy to have a hobby of playing dolls.

A. common      B. natural      C. typical      D. unusual

**Question 12. Peter:** What is your favourite hobby, Long?

**Long:** \_\_\_\_\_.

A. I don't like it      B. I like science  
C. I like playing football      D. I like Math

*Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.*

### UNDERSTANDING COMMON HEALTH PROBLEMS

It's important to know about common health problems so we can deal with them effectively.

- One common issue is the flu. When you (13) \_\_\_\_\_ the flu, you might have a fever, cough, and sore throat. Remember to rest a lot.
- Another problem can be a headache. If you often get headaches, make sure you (14) \_\_\_\_\_ enough water and don't spend too much time in front of screens.
- Sometimes, students get a stomachache. This can happen if you eat unhealthy food or eat too quickly. It's always best to eat (15) \_\_\_\_\_ and chew your food well.
- If you feel unwell, don't hesitate to talk to your parents or a doctor. They can give you the best advice (16) \_\_\_\_\_ how to get better.

**Question 13.** A. catch      B. caught      C. catching      D. catches

**Question 14.** A. drink      B. drinking      C. drank      D. to drink

**Question 15.** A. quick      B. slow      C. slowly      D. fast

**Question 16.** A. on      B. about      C. with      D. for

**Question 17:** Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Our school organized a beach clean-up event. Things didn't go as smoothly as we had hoped. \_\_\_\_\_  
a. During the clean-up, it started raining heavily, and many volunteers had to leave.

- b. We gathered a group of students to help pick up trash along the shoreline.
- c. Despite the rain, a few of us stayed behind and finished the clean-up.

- A. b-a-c
- B. a-b-c
- C. c-b-a
- D. b-c-a

**Question 18:** Choose the sentence that you can end the text (in Question 17) most appropriately.

- A. The clean-up was a success, and we managed to make a positive impact on the environment.
  - B. We had to call off the event due to the bad weather.
  - C. The rain made it difficult to see the trash on the beach.
  - D. We rescheduled the clean-up for a different day.
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**Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate option that best fits each numbered blank from 19 to 24.**

Mr. Brown and some volunteers are on a very dirty beach now. Today they are ready to make the beach (19) \_\_\_\_\_ clean and beautiful place again. After listening to Mr. Brown's instructions, they are divided (20) \_\_\_\_\_ three groups. Group 1 needs to walk along the beach. Group 2 should check the sand, (21) \_\_\_\_\_ group 3 has to check among the rocks. Garbage must be put into plastic bags, and the bags will be (22) \_\_\_\_\_. by Mr. Brown. He will take the bags to the garbage (23) \_\_\_\_\_. They all are (24) \_\_\_\_\_ to work hard to refresh this area.

- |                 |                |             |            |
|-----------------|----------------|-------------|------------|
| 19.A. a         | B. an          | C. the      | D. θ       |
| 20.A. into      | B.in           | C.to        | D. with    |
| 21.A. so        | B. but         | C. although | D. and     |
| 22.A. collected | B. collecting  | C. collects | D. collect |
| 23.A. dump      | B. yard        | C. area     | D. place   |
| 24.A. exciting  | B. interesting | C. eager    | D. boring  |

**Mark the letter A, B, C or D on your answer sheet to indicate the sentence that closest in meaning to the original sentence in each of the following questions.**

**Question 25.** My uncle wants to keep fit, so he plays tennis three times a week.

- A. My uncle plays tennis three times a week to keep fit.
- A. My uncle plays tennis three times a week keeping fit.
- B. My uncle plays tennis three times a week so in order to keep fit.
- C. My uncle plays tennis three times a week that he wants to keep fit.

**Question 26.** My mum hates playing basketball.

- A. My mum is fond of playing basketball.
- B. My mum is keen on playing basketball
- C. My mum isn't interested in playing basketball.
- D. My mum enjoys playing basketball.

**Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.**

**Question 27.** My biology class / start / 1 p.m. / Tuesdays.

- A. My biology class start at 1 p.m. on Tuesdays.
- B. My biology class starts at 1 p.m. in Tuesdays.
- C. My biology class started at 1 p.m. at Tuesdays.
- D. My biology class started in 1 p.m. in Tuesdays.

**Question 28.** sun / rise / in / east.

- A. The sun rises in the East
- B. The sun is rising in the East
- C. The sun rise in the East.
- D. The sun often rises in East.

*Read the following sign or notice and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.*

**Question 29:** What does the sign say?



- A. All paper toilet should be maintained
- B. Toilet paper is the only item that should be flushed
- C. Frequent flushing of the toilet is recommended.
- D. Flushing non-toilet paper items is allowed.

**Question 30:** What does the notice say?

Interviews will be conducted via video call. Check your email for the link.

- A. You should prepare to join an interview online.
- B. Check your mail frequently
- C. Send a video before interviews
- D. Click the given link to send email.

**Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.**

#### **WE ALL NEED EXERCISE**

The body needs exercise. Exercise uses up food and keeps the body strong. It makes your heart and muscles strong. Exercise also makes you feel good. If you exercise a few times a week, you will stay healthy and happy.

Some people in America do not get enough exercise. They work in office buildings sitting in a chair all day in front of computers. They live far from their offices, and they have to drive their cars to get to work. Therefore, when they get home at night, they don't want to exercise after work.

Today, many Americans are overweight. This causes health problems for some people. Doctors say that exercise can help people both **lose weight** and improve their health. So, many people are trying to get more exercise. But it takes time to change, and when people do not see a difference right away, they lose **interest** in exercising.

**Question 31.** The writer says that exercise \_\_\_\_\_.

- A. only makes your muscles strong.
- B. send blood to your muscle.
- C. is only done in a gym.
- D. makes your heart work hard to send blood to your muscles.

**Question 32.** The writer mentions that in America, \_\_\_\_\_.

- A. many people spend much time driving to work.
- B. most office workers can get a lot of exercise.
- C. many people are overweight because they don't get enough exercise.
- D. Americans don't like doing exercise.

**Question 33.** Why don't the Americans get enough exercise?

- A. They find it difficult to exercise.
- B. They don't have enough time to exercise.
- C. They feel tired of exercising.
- D. They don't want to lose weight.

**Question 34.** According to the reading, which fact is NOT TRUE?

- A. Exercise makes you feel good.
- B. Some people do not get enough exercise.
- C. Many people have to drive their cars to work.
- D. Many people don't want to get exercise after work because they are lazy.

**Question 35.** The word "**interest**" is CLOSEST in meaning to \_\_\_\_\_.

- A. Love
- B. talent
- C. time
- D. effort

**Question 36.** The phrases "**lose weight**" is OPPOSITE in meaning to \_\_\_\_\_.

- A. Have weight
- B. gain weight
- C. get weight
- D. weigh more

**Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks**

***from 37 to 40.***

You should wear a cloth face mask in public settings to (37) \_\_. You should wash your hands before you put on your mask and (38) \_\_. You should wash your hands frequently and carefully. You should use warm water and soap and rub your hands for at least 20 seconds. (39) \_\_and some surfaces because viruses can live on some surfaces for up to 72 hours. You should also stop shaking hands and hugging people because skin-to-skin contact can transmit viruses from one person to another. (40) \_\_if you have any symptoms and stay at home until you recover. You should have self-quarantine if you may have COVID-19.

- A. wash your mask after each use
- B. You should call your doctor
- C. You should avoid touching your face
- D. prevent the transmission of the virus

**Question 37.**

**Question 38.**

**Question 39.**

**Question 40.**

