

ĐỀ VIP 8+ SỐ 6

Read the following review and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6.

A PREMIUM SMARTPHONE EXPERIENCE!

I recently purchased the Samsung Galaxy Z Ultra and I must say, it's an (1) _____ device. The design is sleek, with a large screen (2) _____ vibrant colours and excellent clarity. What (3) _____ the most is its performance; the phone handles multitasking with ease, even when running demanding apps. The camera quality is (4) _____ highlight, producing sharp and detailed images, even in (5) _____. One feature I particularly appreciate is the battery life, which lasts well over a full day with moderate use. Overall, the Samsung Galaxy Z Ultra offers great value for its price, and it truly makes using technology a more enjoyable experience. I highly recommend it (6) _____ anyone looking for a reliable and high-performing phone.

Written by: Alex Thompson

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|--------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| Question 1. | A. impress | B. impression | C. impressive | D. impressively |
| Question 2. | A. displaying | B. to display | C. displayed | D. display |
| Question 3. | A. figures out | B. stands out | C. stays up | D. makes out |
| Question 4. | A. others | B. the other | C. other | D. another |
| Question 5. | A. conditions
light poor | B. light
conditions poor | C. light poor
conditions | D. poor light
conditions |
| Question 6. | A. up | B. to | C. with | D. on |

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 7 to 12.

ANNOUNCEMENT: CHANGE IN OFFICE WORKING HOURS

Dear Team,

We would like (7) _____ you about an important update regarding our office working hours. (8) _____ recent feedback from several employees, we have decided to implement the following changes starting next Monday:

- **New office hours:** 9:00 AM - 5:00 PM (Monday to Friday)
- **Lunch break:** 1:00 PM - 2:00 PM (1-hour break).
- **Flexible working days:** Employees can work from home on Wednesdays, as long as they (9) _____ sure they are online during working hours.

This decision was made to improve work-life balance and (10) _____ productivity among employees.

We trust that these changes will benefit a(n) (11) _____ of our staff.

If you have any questions or concerns, feel free to reach out to the HR (12) _____.

Thank you for your cooperation!

Best regards.

- | | | | | |
|---------------------|----------------|----------------|-----------------|-----------------|
| Question 7. | A. to inform | B. informing | C. to informing | D. inform |
| Question 8. | A. By means of | B. In spite of | C. In light of | D. On behalf of |
| Question 9. | A. get | B. make | C. take | D. stay |
| Question 10. | A. control | B. observe | C. adapt | D. enhance |
| Question 11. | A. amount | B. majority | C. minority | D. great deal |
| Question 12. | A. vacancy | B. accountant | C. department | D. branch |

Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange of text in each of the following questions from 13 to 17.

Question 13.

- a. Tom: I go a few times a week. I'm thinking about trying some new classes.
 b. Tom: Hey, I saw you at the gym yesterday! Do you go there often?
 c. Alice: Hi, Tom! Yeah, I try to go every evening after work. It's my way of unwinding. How about you?
- A. b – a – c B. a – c – b C. b – c – a D. c – a – b

Question 14.

- a. Julia: I've always wanted to experience British culture, and the universities there have strong programs in my field.
 b. Julia: Yes, I think I'll apply to a few universities in the UK.
 c. Andy: Have you decided which university you want to apply to yet?
 d. Andy: That's a great choice! It sounds like it would be an exciting adventure. I'm sure you'll get in!
 e. Andy: Why do you prefer to study in the UK?
- A. e – a – c – b – d B. c – a – d – b – e C. d – b – e – a – c D. c – b – e – a – d

Question 15.

Dear Lucy,

- a. It feels like it was just yesterday that we were celebrating your last birthday together!
 b. Also, I hope the year ahead brings you even more happiness and success.
 c. I'm so proud of everything you've accomplished this year.
 d. How about planning a little celebration soon to mark this special occasion?
 e. Happy Birthday! I hope you have an amazing day filled with joy and surprises.

Best wishes,

Mia

- A. e – a – c – b – d B. e – c – b – d – a C. a – e – b – c – d D. e – d – a – c – b

Question 16.

- a. They often travel long distances, sometimes crossing entire continents, in search of food and better weather conditions.
 b. For some others, they may rely on landmarks, the sun, and even the stars to navigate accurately.
 c. During migration, some species follow the same flyways year after year, guided by instinct and environmental cues.
 d. Every year, millions of birds migrate to warmer climates to escape the cold winter months.
 e. This incredible journey is not only vital for the survival of many bird species but it also plays a key role in maintaining ecological balance across different regions.
- A. d – a – b – e – c B. d – c – b – e – a C. d – a – c – b – e D. c – b – d – a – e

Question 17.

- a. Many minority languages around the world are slowly disappearing, often due to globalisation and cultural assimilation.
- b. However, without stronger initiatives, many of these languages may vanish forever, taking with them irreplaceable aspects of human heritage.
- c. As communities adopt dominant languages like English, their native tongues lose speakers, especially among younger generations.
- d. Efforts are being made to preserve endangered languages, such as through education and documentation projects.
- e. This loss of language also leads to the erosion of cultural identities, traditions, and knowledge passed down through generations.

A. a – c – e – d – b B. d – a – c – e – b C. a – d – b – e – c D. a – e – c – b – d

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 18 to 22.

THE SLOW PACE OF RURAL LIFE

Often described as peaceful and unhurried, (18) _____. In the countryside, people wake up early to the sound of birds singing and the rustling of leaves in the wind. The daily routine revolves around nature, with farming and animal care taking centre stage. Activities are spread throughout the day, (19)

_____, such as watching the sunset or taking a walk by the river.

(20) _____. In almost all rural areas, neighbours still help each other with tasks, whether it's harvesting crops or lending a hand in times of need. Less about rushing from one task to the next, (21) _____ and appreciating the beauty of nature.

Even though rural life can be challenging due to limited access to resources and infrastructure, (22) _____. With fresh air, open spaces, and less noise, rural living offers an escape from the pressures of modern life. It is a lifestyle that prioritises well-being over speed and embraces simplicity in all its forms.

Question 18:

- A. the fast pace of urban life is very different from living in the countryside
- B. people often prefer living in the countryside to rushing in the fast pace of life in cities
- C. life in rural areas shows a stark contrast to the fast-paced urban environment
- D. the peace of the countryside often attracts more people than the fast pace of city life does

Question 19:

- A. leaving room for long conversations and simple pleasures
- B. long conversations and simple pleasures occur frequently
- C. allow people to have long conversations and simple pleasures
- D. when long conversations and simple pleasures often take place

Question 20.

- A. The slow pace of life in the countryside does a lot for a person's health
 - B. Rural people often feel strange with modern facilities in the city
 - C. The contrast between these two ways of life is evident in customs
 - D. The slower pace allows people to focus on building close-knit communities
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Question 21.

- A. the fast city life often prevents us from spending more time with our loved ones
- B. the countryside which is considered perfect for spending time with loved ones
- C. rural life that often highlights spending the most time with loved ones
- D. life in the countryside is often more about savouring moments with loved ones

Question 22.

- A. most people agree that city life is still far more convenient and comfortable
- B. people in these areas often value the sense of calm and fulfilment it provides
- C. these limitations also make rural life less rich in experience and information
- D. more rural people are tending to migrate to cities for better job opportunities

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.

What you eat has a direct impact on the cells in your body, which in turn has an impact on longevity. A healthy diet provides cells with vital sources of energy and keeps them stable and working as they should. Healthy foods support your immune cells, which defend against infections and other health threats, protect other cells from damage, and help the body repair or replace damaged cells.

A diet high in sugar, unhealthy fats, and processed foods, on the other hand, can leave cells throughout the body more **vulnerable** to damage and poor function. This can lead to an increased risk of infection, cancer, inflammation, and chronic diseases such as diabetes, cardiovascular problems, and obesity.

An excellent diet for promoting longevity is a plant-based diet. A plant-based diet involves eating lots of fruits and vegetables, beans, nuts and seeds, and whole grains instead of processed foods. Foods from plants are high in antioxidants such as beta carotene, lycopene, and vitamins A, C, and E, which **protect** cells from damage. Following a plant-based diet doesn't mean you need to become a vegetarian, or never have meat or a dessert. It simply means that most of the foods you eat should be minimally processed and come from plants.

A study published in JAMA Network Open found that women who most closely adhered to the plant-based Mediterranean diet, which emphasises vegetables, fruits, nuts, whole grains, legumes, and fish, and minimises red and processed meats, were 23% less likely to die from any cause than **those** who did not closely adhere to this dietary pattern.

(Adapted from <https://www.health.harvard.edu>)

Question 23. Which of the following best paraphrases the underlined sentence in paragraph 1?

What you eat has a direct impact on the cells in your body, which in turn has an impact on longevity.

- A. Your diet affects your cells, which can influence how long you live.
- B. The foods you consume directly affect your health, leading to a longer life.
- C. The health of your cells depends on your diet, which also determines your happiness.
- D. What you eat can improve the function of your cells and help you live longer.

Question 24. Which of the following is NOT mentioned as one of the functions of immune cells?

- A. keeping energy stable
- B. helping heal the body
- C. protecting other cells
- D. preventing infections

Question 25. The word **vulnerable** in paragraph 2 can be best replaced by _____.

- A. inevitable
 - B. susceptible
 - C. preventive
 - D. protective
-

Question 34. Which of the following is NOT mentioned as one of the examples of species affected by changes in temperatures?

- A. fish B. shrimps C. birds D. plankton

Question 35. The word available in paragraph 3 is OPPOSITE in meaning to _____.

- A. irresponsible B. harmful C. adequate D. limited

Question 36. Which of the following best summarises paragraph 4?

- A. Climate change is causing some species to alter their behaviours and migration patterns.
B. Climate change is leading to food shortages for many species due to higher competition.
C. The interaction between species is becoming increasingly disrupted due to climate change.
D. Climate change is causing species interactions to change, leading to negatives.

Question 37. Which of the following best paraphrases the underlined sentence in paragraph 4?

These impacts can be felt throughout an entire ecosystem.

- A. These consequences affect sensitive parts of an entire ecosystem.
B. The effects are observable across every level of the ecosystem.
C. The ecosystem as a whole has largely benefited from these impacts.
D. The changes are mostly confined to local environments.

Question 38. Which of the following is TRUE according to the passage?

- A. Climate change is leading to significant shifts in species' geographical ranges.
B. Most species will be able to adapt to climate change through behavioural changes.
C. Invasive species are decreasing as a result of climate change.
D. Plankton are less affected by temperature changes than the fish that rely on them.

Question 39. Which of the following can be inferred from the passage?

- A. Climate change affects species' physical bodies but not their behavioural characteristics.
B. Species that cannot adapt to climate change will likely face reductions or extinctions.
C. Invasive species are directly benefiting from climate change and becoming less harmful.
D. The impact of climate change on species is only temporary and not worth worrying about.

Question 40. Which of the following best summarises the passage?

- A. Species' adaptation to climate change will ensure minimal disruption to ecosystems and biodiversity in the long term.
B. Climate change is causing some species to face insurmountable challenges, altering ecosystems in complex ways.
C. Climate change affects species' populations, distribution, behaviour, and interactions within ecosystems, leading to significant changes.
D. Climate change primarily impacts species that cannot adapt, while others continue to thrive without any issue.
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BẢNG TỪ VỰNG

STT	Từ vựng	Phiên âm	Từ loại	Nghĩa
1	impressive	/ɪm'presɪv/	adj	ấn tượng
2	sleek	/sli:k/	adj	bóng bẩy
3	vibrant	/'vaɪbrənt/	adj	sôi động
4	excellent	/'eksələnt/	adj	xuất sắc
5	clarity	/'klærɪti/	n	sự rõ ràng
6	handle	/'hændl/	v	xử lý
7	multitasking	/'mʌltɪ'tæskɪŋ/	n	đa nhiệm, làm nhiều việc cùng lúc
8	moderate	/'mɒdərɪt/	adj	vừa phải
9	reliable	/rɪ'laɪəbl/	adj	đáng tin cậy
10	recently	/'ri:səntli/	adv	gần đây
11	purchase	/'pɜ:rtʃəs/	v	mua
12	enhance	/ɪn'hɑ:ns/	v	nâng cao
13	vacancy	/'veɪkənsi/	n	vị trí trống
14	accountant	/ə'kaʊntənt/	n	kế toán
15	branch	/bræntʃ/	n	chi nhánh
16	unwind	/,ʌn'waɪnd/	v	thư giãn
17	accomplish	/ə'kɒmplɪʃ/	v	hoàn thành
18	migrate	/'maɪgreɪt/	v	di cư
19	continent	/'kɒntɪnənt/	n	lục địa
20	migration	/'maɪgreɪʃən/	n	sự di cư
21	flyway	/'flaɪweɪ/	n	đường bay (di cư của chim)
22	instinct	/'ɪnstɪŋkt/	n	bản năng
23	environmental	/,ɪnvi'rɒnməntəl/	adj	thuộc về môi trường
24	cue	/kju:/	n	tín hiệu
25	navigate	/'nævɪgeɪt/	v	điều hướng
26	accurately	/'ækjʊrətli/	adv	chính xác
27	incredible	/ɪn'kredəbl/	adj	đáng kinh ngạc
28	vital	/'vaɪtl/	adj	rất quan trọng
29	ecological	/,i:kə'lɒdʒɪkl/	adj	sinh thái
30	minority	/maɪ'nɒrɪti/	n	thiểu số
31	globalisation/ globalization	/,glɒsbəlaɪ'zeɪʃən/	n	toàn cầu hóa
32	assimilation	/ə,sɪmɪ'leɪʃən/	n	sự đồng hóa
33	dominant	/'dɒmɪnənt/	adj	chiếm ưu thế
34	erosion	/ɪ'rəʒən/	n	sự xói mòn

35	identity	/aɪ'dentɪti/	n	bản sắc
36	documentation	/ˌdɒkjʊ'men'teɪʃən/	n	tài liệu
37	initiative	/ɪ'nɪʃə'tɪv/	n	sáng kiến
38	vanish	/'vænɪʃ/	v	biến mất
39	irreplaceable	/ˌɪrɪ'pleɪsəbl/	adj	không thể thay thế
40	heritage	/'herɪtɪdʒ/	n	di sản
41	stark	/stɑːrk/	adj	rõ ràng
42	rustle	/'rʌsl/	n	tiếng sột soạt
43	revolve	/rɪ'vɒlv/	v	xoay quanh
44	harvest	/'hɑːrvɪst/	v	thu hoạch
45	savour/savor	/'seɪvər/	v	thưởng thức
46	infrastructure	/'ɪnfə'strʌktʃər/	n	cơ sở hạ tầng
47	fulfilment/ fulfillment	/fʊl'fɪlmənt/	n	sự hoàn thành, thỏa mãn
48	prioritise/ prioritize	/praɪ'ɒrɪtaɪz/	v	ưu tiên
49	simplicity	/sɪm'plɪsɪti/	n	sự đơn giản
50	fast-paced	/ˌfæst 'peɪst/	adj	nhịp độ nhanh
51	immune	/ɪ'mjuːn/	adj	miễn dịch
52	infection	/ɪn'fekʃən/	n	sự nhiễm trùng
53	repair	/rɪ'peər/	v	sửa chữa
54	process	/'prɒses/	n	quy trình
55	function	/'fʌŋkʃən/	n/v	chức năng, hoạt động
56	inflammation	/ˌɪnflə'meɪʃən/	n	viêm
57	diabetes	/ˌdaɪə'biːtiːz/	n	bệnh tiểu đường
58	cardiovascular	/ˌkɑːdɪəʊ'væskjələr/	adj	tim mạch
59	obesity	/əʊ'biːsɪti/	n	bệnh béo phì
60	longevity	/lɒn'dʒevɪti/	n	tuổi thọ
61	plant-based	/plɑːnt beɪst/	adj	nguồn gốc thực vật
62	minimise/minimize	/'mɪnɪmaɪz/	v	giảm thiểu
63	adhere	/əd'hɪər/	v	tuân thủ
64	dietary	/'daɪətəri/	adj	thuộc về chế độ ăn uống
65	pattern	/'pætən/	n	mô hình, khuôn mẫu
66	inevitable	/ɪn'evɪtəbl/	adj	không thể tránh khỏi
67	susceptible	/sə'septɪbl/	adj	dễ bị tổn thương
68	preventive	/pri'ventɪv/	adj	phòng ngừa
69	close-knit	/'kləʊs nɪt/	adj	khăng khít
70	protective	/prə'tektɪv/	adj	bảo vệ, bảo hộ
71	vulnerable	/'vʌlnərəbl/	adj	dễ bị tổn thương
72	attempt	/ə'tempt/	n/v	nỗ lực

73	neglect	/nɪ'glekt/	v/n	bỏ bê, sự bỏ bê
74	characteristic	/ˌkærɪktə'rɪstɪk/	n	đặc điểm, đặc trưng
75	expansion	/ɪk'spænfən/	n	sự mở rộng
76	reduction	/rɪ'dʌkfən/	n	sự giảm
77	extinction	/ɪk'stɪŋkʃən/	n	sự tuyệt chủng
78	biodiversity	/ˌbaɪəʊdaɪ'vɜ:sɪti/	n	đa dạng sinh học
79	region	/'ri:dʒən/	n	khu vực
80	range	/reɪndʒ/	n	phạm vi, dãy
81	inhabit	/ɪn'hæbɪt/	v	cư trú
82	trigger	/'trɪɡə/	v	gây ra, kích hoạt
83	potentially	/pə'tenʃəli/	adv	có tiềm năng
84	plankton	/'plæŋktən/	n	sinh vật phù du
85	invasive	/ɪn'veɪsɪv/	adj	xâm lấn
86	economic	/ˌi:kə'nɒmɪk/	adj	thuộc về kinh tế
87	adequate	/'ædɪkwət/	adj	đầy đủ

STT	Cấu trúc	Nghĩa
1	stand out	nổi bật
2	figure out	tìm ra, hiểu ra
3	stay up	thức khuya
4	make out	hiểu
5	recommend something to somebody	gợi ý, đề xuất điều gì cho ai đó
6	allow somebody to do something	cho phép ai đó làm gì
7	tend to do something	có xu hướng làm gì
8	lead to	dẫn đến