

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 1: A. erode

B. exotic

C. decision

D. checkout

Question 2: A. tense

B. decision

C. skill

D. house-keeping

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in following questions.

Question 3: A. affordable

B. reliable

C. acceptable

D. fashionable

Question 4: A. minority

B. expedition

C. technology

D. commitment

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 5. Many Vietnamese people now \_\_\_\_\_ more international foods, such as pizza and sushi.

A. avoid

B. dislike

C. enjoy

D. forget

Question 6. While they \_\_\_\_\_ in London, they noticed different accents of English.

A. were living

B. live

C. lived

D. are living

Question 7. His new explanation was \_\_\_\_\_ than the previous one.

A. clearer

B. the clearest

C. more clear

D. as clear

Question 8. If we \_\_\_\_\_ enough food and drinks, we \_\_\_\_\_ the party enjoyable for everyone.

A. prepare/will make

B. prepares/making

C. preparing/will makes

D. will prepare/make

Question 9. Tom is telling his friend about his new car.

Tom: "I just bought a new electric car!"

Sarah: "\_\_\_\_\_"

A. I don't know much about cars.

B. That's great! How does it drive?

C. I prefer gasoline cars.

D. I'm sure it's expensive.

Question 10. My wedding day is a day \_\_\_\_\_ I will never forget.

A. on which

B. that

C. when

D. whom

Question 11. He has a good sense of \_\_\_\_\_. He makes his Classmates laugh all the time.

A. humour

B. time

C. style

D. direction

Question 12. The concert was amazing, with \_\_\_\_\_ different genres performed throughout the evening.

A. several

B. a few

C. some

D. much

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

### Let's Stay Healthy!

- Good habits start with (13) \_\_\_\_\_ choices.
- Eat good food and exercise for a better future.
- Talk about mental health to make (14) \_\_\_\_\_ kinder community.
- Remember, every small step helps (15) \_\_\_\_\_ make a healthier world for everyone.

Join us today to support health and (16) \_\_\_\_\_ up healthy habits! #StayHealthy  
#MentalHealth #Wellness

Question 13: A. health

B. healthy

C. healthily

D. healthiness

Question 14: A. a

B. an

C. the

D. Ø (no article)

Question 15: A. to B. for C. in D. at  
 Question 16: A. take B. put C. keep D. give

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 17 to 18.

Question 17: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text. Social media is very popular nowadays. It's a way to connect with friends and share updates. \_\_\_\_\_.

- a. People only use social media to post pictures and messages.  
 b. However, many users later feel that their privacy is not protected and they are not healthy.  
 c. In the beginning, social media was new and not widely used.  
 A. c-a-b B. a-c-b C. b-a-c D. c-b-a

Question 18: Choose the sentence that you can end the text (in Question 17) most appropriately.

- A. But eventually social media has become a big part of everyone's daily life because of its convenience.  
 B. Many people are trying to find better ways to communicate.  
 C. Finally, social media is not popular among young people.  
 D. People are moving back to older ways of communication.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.

Homelessness is a problem in many big cities in the world. It occurs when a part of the population does not have any (19) \_\_\_\_\_ place to call home. All over the world, there are hundreds of millions of people who spend at least some time of the year homeless. This is an issue that the authorities are trying to deal with. (20) \_\_\_\_\_, there are more things each person can do to help those people. One of the things that you can do to help the homeless is to volunteer your time. (21) \_\_\_\_\_ a lot of free time, you might go on an extended trip to help set up homes or improve an impoverished area. Even with just (22) \_\_\_\_\_ a week, it is possible to make an (23) \_\_\_\_\_ on your own city. You can also sign up to help at a (24) \_\_\_\_\_. Most cities have a mission of some kind serving food to the homeless and offering temporary shelters.

- Question 19: A. regularity B. regular C. regularly D. regularize  
 Question 20: A. Although B. However C. Because D. So  
 Question 21: A. If you had B. If you don't have C. If you have D. If you didn't have  
 Question 22: A. much hours B. a little hours C. a few hours D. a lot of hours  
 Question 23: A. impact B. result C. impacts D. results  
 Question 24: A. local kitchen soup B. kitchen soup local C. soup kitchen local D. local soup kitchen

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 25: He didn't get the promotion because he didn't complete the project on time.

- A. If he had completed the project on time, he would have gotten the promotion.  
 B. If he completes the project, he will get the promotion.  
 C. He wouldn't have gotten the promotion even if he completed the project on time.  
 D. If he didn't get the promotion, he would still complete the project.

Question 26: We enjoyed our beach trip despite the bad weather.

- A. Although the weather was bad, we enjoyed our beach trip.  
 B. The bad weather stopped us from enjoying our beach trip.  
 C. We wouldn't have enjoyed the trip if the weather had been bad.  
 D. We enjoyed the trip only after the weather improved.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.

Question 27: You / look / hungry / bring / you / something / eat

- A. Although you looked hungry, I bring you something to eat.  
 B. You look hungry because I brought you something to eat.  
 C. You will look hungry, but I will bring you something to eat.  
 D. You look hungry, so I will bring you something to eat.

Question 28: Andy / wish / he / can / speak English / good / as a native speaker.

- A. Andy wishes he could spoke English as well as a native speaker.  
 B. Andy wish he could speak English as well as a native speaker.

C. Andy wishes he could speak English as well as a native speaker.

D. Andy wishes he can speak English as well as a native speaker.

**Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.**

**Question 29:** What does the sign mean?



A. Bad students will be punished at school.

B. Violence is not allowed at school.

C. Classmates should not talk too much to each other.

D. Younger students mustn't obey their monitors at school.

**Question 30:** What does this notice say?

**Hello Students.**

**What music I like is disco. What can I do to help with concert? When you free to come to meeting about concert?**

A. The person likes disco music.

B. The person prefers classical music.

C. The person is asking for help with jazz music.

D. The person does not like music.

**Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.**

Do you find it difficult to get out of bed in the morning? Have you ever fallen asleep in class? If the answer is yes, then you're not the only one. Across the world, bedtimes are getting later and teenagers are sleeping less.

What are the reasons for this? Well, stress is an important factor. Like many young people, I find it hard to go to sleep before a big event such as an exam. Our increasing use of technology may also be to blame? New research at Kings College London, involving 125,000 children and teenagers on four continents, shows that using a phone or tablet before going to bed makes it twice as likely you'll sleep badly that night. And the following day, this lack of sleep can make it difficult to concentrate on studying.

But while many schools are attempting to solve this problem by starting the school day later, some schools in New Mexico in the United States are trying something a bit different - they have installed sleeping areas, where students can sleep for 20 minutes in specially designed chairs. I recently tried one of these chairs and my first thought was that it looked like something from a science-fiction film. When I lay down on it, the top part slowly covered my head and upper body so that it became dark inside. Some people might find that scary, but I didn't mind, and the gentle music was quite nice. I started to feel sleepy, and that was all I could remember until the lights went on and I woke up. Then, when I got up, I noticed I was a bit calmer than I'd been before. I'm sure someone who had slept badly before they went to school would feel a lot better.

**Question 31.** What's the writer's main purpose in writing this text?

A. To discuss the problem of teenagers sleeping too little.

B. To describe how she learnt how to sleep better at night.

C. To explain how using technology can help us sleep better.

D. To show that nowadays we need less sleep than we used to.

**Question 32.** What is the word "concentrate on" in paragraph 2 closest in meaning to?

A. finish

B. ignore

C. have intention of

D. pay attention to

**Question 33.** According to the paragraph 2, children and teenagers have trouble getting to sleep because they .

A. had focused on their lesson at school

B. had taken an important exam before

C. use a phone or tablet before going to bed

D. have to get up early the next morning

**Question 34.** What does the word "where" in paragraph 3 refer to?

A. sleeping areas

B. New Mexico

C. some schools

D. designed chairs

**Question 35.** What solution have some schools in New Mexico used to help students?

- A. Starting school earlier.
- B. Adding places to sleep with special chairs.
- C. Giving less homework.
- D. Adding more classes.

**Question 36.** Which of the following is **NOT TRUE** in the whole passage?

- A. Across the world, bedtimes are getting later and the young are sleeping less.
- B. Stress is one of main reasons that makes many people sleep badly
- C. The chairs were designed for a science-fiction film in the United States.
- D. The writer didn't feel scary when she lay down on specially desired chairs.

**Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.**

#### SHARING STUDY TIPS

Studying is an important part of life, and sharing tips can help others do better. Here are (37) \_\_\_\_\_ that have worked for me. First, make a study plan. (38) \_\_\_\_\_ and break your tasks into smaller parts. This helps you manage your time and feel less stressed, especially before exams. Second, find a quiet and comfortable place to study. A clean and organized space can help you focus better. Also, try to limit distractions like your phone or social media while you study. Third, (39) \_\_\_\_\_. You can learn from books, watch videos, or join study groups. Changing your study methods can make learning more fun and help you remember things better. Finally, don't be afraid to ask your teachers or friends for help when you have questions. (40) \_\_\_\_\_. Remember, everyone learns in their own way, so find what works best for you. By following these tips and staying dedicated, you can make your study time more effective and reach your goals. Good luck!

- A. They can give you useful answers and support your learning
- B. Set clear goals for each subject
- C. use different ways to study
- D. some simple study tips

**Question 37.** \_\_\_\_\_. **Question 38.** \_\_\_\_\_. **Question 39.** \_\_\_\_\_. **Question 40.** \_\_\_\_\_.

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 1: A. erode

B. exotic

C. decision

D. checkout

A. erode /ɪ'roʊd/,

B. exotic /ɪg'zɒtɪk/,

C. decision /dɪ'sɪʒən/,

D. checkout /'tʃɛkaʊt/

Đáp án: C

Âm nguyên âm. "Decision" có âm /ɪ/ trong âm thứ hai, trong khi các từ còn lại có các âm nguyên âm khác nhau.

Question 2: A. tense

B. decision

C. skill

D. house-keeping

A. tense /tɛns/

B. decision /dɪ'sɪʒən/

C. skill /skɪl/

D. house-keeping /'haʊs,ki:pɪŋ/

Khác biệt: B. decision

Giải thích: "s" trong "decision" được phát âm là /ʒ/, khác với "s" trong các từ khác được phát âm là /s/.

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in following questions.

Question 3: A. affordable

B. reliable

C. acceptable

D. fashionable

Question 3: A. affordable, B. reliable, C. acceptable, D. fashionable

A. affordable /ə'fɔ:rdəbl/

B. reliable /rɪ'laɪəbl/

C. acceptable /ək'septəbl/

D. fashionable /'fæʃənəbl/

Khác biệt: D. fashionable (Trọng âm ở âm tiết đầu tiên)

Question 3: A. minority

B. expedition

C. technology

D. commitment

Question 3: A. minority, B. expedition, C. technology, D. commitment

A. minority /maɪ'nɒrɪti/

B. expedition /,ɛksprɪ'dɪʃən/

C. technology /tek'nɒlədʒi/

Khác biệt: **D.** commitment (Trọng âm ở âm tiết thứ hai; các từ còn lại có trọng âm ở âm tiết thứ ba)

**Question 5.** Many Vietnamese people now \_\_\_\_\_ more international foods, such as pizza and sushi.

**Question 5.** Many Vietnamese people now \_\_\_\_\_ more international foods, such as pizza and sushi.

### D. forget (quên)

**Giải thích:** Nhiều người Việt Nam hiện nay "enjoy" (thích) nhiều món ăn quốc tế hơn, như pizza và sushi.

**A.** were living                      **B.** live                      **C.** lived                      **D.** are living

**D. are living**

**Giải thích:** Thì quá khứ tiếp diễn ("were living") diễn tả hành động đang diễn ra trong quá khứ khi một hành động khác chen vào ("noticed"). Dấu hiệu: "While" (trong khi) chỉ hành động đang diễn ra trong quá khứ.

A. clearer                      B. the clearest                      C. more clear                      D. as clear

(Giải thích mới của anh ấy                      hơn cái trước.)

**D. as clear - rõ ràng như**

**Giải thích:** Câu này so sánh sự rõ ràng của hai giải thích. "Clearer" cho thấy giải thích mới rõ ràng hơn cái trước.

**A.** prepare/will make      **B.** prepares/making      **C.** preparing/will makes      **D.** will prepare/make





**A. prepare/will make**

(Nếu chúng ta **chuẩn bị** đủ thức ăn và đồ uống, chúng ta **sẽ làm** bữa tiệc trở nên vui vẻ cho mọi người.)

Chuẩn bị tốt sẽ làm cho bữa tiệc thành công.

**Question 9.** Tom is telling his friend about his new car.

Tom: "I just bought a new electric car!"

Sarah: "\_\_\_\_\_"

**A.** I don't know much about cars.

**B.** That's great! How does it drive?

**C.** I prefer gasoline cars.

**D.** I'm sure it's expensive.

**Tom và Sarah:** "Tôi vừa mua một chiếc xe điện mới!"

**A.** Tôi không biết nhiều về xe cộ.

**B.** Thật tuyệt! Nó chạy như thế nào?

**C.** Tôi thích xe chạy bằng xăng hơn.

**D.** Tôi chắc rằng nó đắt tiền.

**Sarah:** **B. Thật tuyệt! Nó chạy như thế nào?**

**Giải thích:** Câu trả lời thể hiện sự quan tâm và mong muốn tìm hiểu thêm.

My wedding day is a day \_\_\_\_\_ I will never forget.

**A.** on which

**B.** that

**C.** when

**D.** whom

**My wedding day is a day \_\_\_\_\_ I will never forget.**

**A. on which**

**Cấu trúc:** "On which" dùng trong mệnh đề quan hệ chỉ thời gian.

**Giải thích:** "On which" thay thế cho từ "day", ngày cưới mà tôi sẽ không bao giờ quên.

He has a good sense of \_\_\_\_\_. He makes his Classmates laugh all the time.

**A.** humour

**B.** time

**C.** style

**D.** direction

**He has a good sense of \_\_\_\_\_ . He makes his classmates laugh all the time.**

**Dịch:** Anh ấy có một khiếu \_\_\_\_\_ tốt. Anh ấy làm cho các bạn cùng lớp cười suốt.

**A.** humour (hài hước)

**B.** time (thời gian)

**C.** style (phong cách)

**D.** direction (hướng đi)

**Đáp án:** **A.** humour

**Giải thích:** "Sense of humour" chỉ khả năng tạo ra sự hài hước.

The concert was amazing, with \_\_\_\_\_ different genres performed throughout the evening.

**A.** several

**B.** a few

**C.** some

**D.** much

**The concert was amazing, with \_\_\_\_\_ different genres performed throughout the evening.**

**Đáp án:** **A.** several

**Cấu trúc:** "with several + danh từ số nhiều"

**Giải thích:** "Several" chỉ ra nhiều thể loại.

**Dịch:** Buổi hòa nhạc thật tuyệt vời, với một vài thể loại khác nhau được biểu diễn suốt buổi tối.

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

**Let's Stay Healthy!**

- Good habits start with (13) \_\_\_\_\_ choices.
- Eat good food and exercise for a better future.
- Talk about mental health to make (14) \_\_\_\_\_ kinder community.
- Remember, every small step helps (15) \_\_\_\_\_ make a healthier world for everyone.

Join us today to support health and (16) \_\_\_\_\_ up healthy habits! #StayHealthy  
#MentalHealth #Wellness

**Question 13:** A. health

B. healthy

C. healthily

D. healthiness

**Question 14:** A. a

B. an

C. the

D. Ø (no article)

**Question 15:** A. to

B. for

C. in

D. at

**Question 16:** A. take

B. put

C. keep

D. give

Câu 13: "những lựa chọn khỏe mạnh"

**B. healthy** (khỏe mạnh): Từ "healthy" là tính từ, phù hợp để mô tả danh từ "choices" (lựa chọn). Các lựa chọn khác (**A. health**, **C. healthily**, **D. healthiness**) không phù hợp ngữ pháp trong câu này.

Câu 14: "một cộng đồng tử tế hơn"

**A. a** (một): Cần một mạo từ không xác định "a" để chỉ một cộng đồng không cụ thể. Các lựa chọn khác không phù hợp.

Câu 15: "để tạo ra một thế giới khỏe mạnh hơn"

**A. to** (để): Câu này cần một giới từ chỉ mục đích, và "to" là lựa chọn đúng để kết nối với động từ "make."

Câu 16: "duy trì thói quen lành mạnh"

**C. keep** (duy trì): "keep up" có nghĩa là duy trì, rất phù hợp trong ngữ cảnh này. Các lựa chọn khác không truyền tải ý nghĩa tương tự.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 17 to 18.

**Question 17:** Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Social media is very popular nowadays. It's a way to connect with friends and share updates. \_\_\_\_\_.

**a.** Firstly, people use social media to post pictures and messages.

**b.** Some people are worried about privacy, but many still use these platforms.

**c.** In the beginning, social media was new and not widely used.

**A.** c-a-b

**B.** a-c-b

**C.** b-a-c

**D.** c-b-a

**Question 18:** Choose the sentence that you can end the text (in Question 17) most appropriately.





- A. As a result, social media has become a big part of everyday life.
- B. Many people are trying to find better ways to communicate.
- C. Finally, social media is not popular among young people.
- D. People are moving back to older ways of communication.

**Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.**

Homelessness is a problem in many big cities in the world. It occurs when a part of the population does not have any (19) \_\_\_\_\_ place to call home. All over the world, there are hundreds of millions of people who spend at least some time of the year homeless. This is an issue that the authorities are trying to deal with. (20) \_\_\_\_\_, there are more things each person can do to help those people. One of the things that you can do to help the homeless is to volunteer your time. (21) \_\_\_\_\_ a lot of free time, you might go on an extended trip to help set up homes or improve an impoverished area. Even with just (22) \_\_\_\_\_ a week, it is possible to make an (23) \_\_\_\_\_ on your own city. You can also sign up to help at a (24) \_\_\_\_\_. Most cities have a mission of some kind serving food to the homeless and offering temporary shelters.

- |                                    |                       |                       |                       |
|------------------------------------|-----------------------|-----------------------|-----------------------|
| Question 19: A. regularity         | B. regular            | C. regularly          | D. regularize         |
| Question 20: A. Although           | B. However            | C. Because            | D. So                 |
| Question 21: A. If you had         | B. If you don't have  | C. If you have        | D. If you didn't have |
| Question 22: A. much hours         | B. a little hours     | C. a few hours        | D. a lot of hours     |
| Question 23: A. impact             | B. result             | C. impacts            | D. results            |
| Question 24: A. local kitchen soup | B. kitchen soup local | C. soup kitchen local | D. local soup kitchen |

**Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.**

He didn't get the promotion because he didn't complete the project on time.

- A. If he had completed the project on time, he would have gotten the promotion.
- B. If he completes the project, he will get the promotion.
- C. He wouldn't have gotten the promotion even if he completed the project on time.
- D. If he didn't get the promotion, he would still complete the project.

We enjoyed our beach trip despite the bad weather.

- A. Although the weather was bad, we enjoyed our beach trip.
- B. The bad weather stopped us from enjoying our beach trip.
- C. We wouldn't have enjoyed the trip if the weather had been bad.
- D. We enjoyed the trip only after the weather improved.

**Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.**

Question 26: You / look / hungry / bring / you / something / eat

- A. Although you looked hungry, I bring you something to eat.
- B. You look hungry because I brought you something to eat.
- C. You will look hungry, but I will bring you something to eat.
- D. You look hungry, so I will bring you something to eat.

Question 26: Andy / wish / he / can / speak English / good / as a native speaker.

- A. Andy wishes he could spoke English as well as a native speaker.
- B. Andy wish he could speak English as well as a native speaker.
- C. Andy wishes he could speak English as well as a native speaker.
- D. Andy wishes he can speak English as well as a native speaker.

Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.



What does the sign mean?

- A. Bad students will be punished at school.
- B. Violence is not allowed at school.
- C. Classmates should not talk too much to each other.
- D. Younger students mustn't obey their monitors at school.

#### NO BULLYING (Biển báo cấm bắt nạt)

**Câu hỏi:** Cái biển báo này có nghĩa gì?

**Đáp án:**

- A. Học sinh hư sẽ bị phạt ở trường.
- B. Bạo lực không được phép ở trường.
- C. Các bạn cùng lớp không nên nói chuyện với nhau quá nhiều.
- D. Học sinh nhỏ hơn không phải tuân theo các giám thị ở trường.

**Đáp án đúng là B – "Bạo lực không được phép ở trường"**

Các lựa chọn còn lại không liên quan trực tiếp đến việc bắt nạt hay bạo lực.

**Question 10:** What does this notice say?

Hello Students.

What music I like is disco. What can I do to help with concert? When you free to come to meeting about concert?

- A. The person likes disco music.
- B. The person prefers classical music.
- C. The person is asking for help with jazz music.
- D. The person does not like music.

**Chào các sinh viên. Thể loại nhạc tôi thích là disco. Tôi có thể làm gì để giúp buổi hòa nhạc? Khi nào các bạn rảnh để họp về buổi hòa nhạc?**

**Câu hỏi 10:**

- A. Người này thích nhạc disco.
- B. Người này thích nhạc cổ điển.
- C. Người này đang nhờ giúp đỡ về nhạc jazz.
- D. Người này không thích âm nhạc.

**Giải thích:** Thông báo cho biết rõ rằng người này thích nhạc "disco", nên đáp án đúng là A.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.

Do you find it difficult to get out of bed in the morning? Have you ever fallen asleep in class? If the answer is yes, then you're not the only one. Across the world, bedtimes are getting later and teenagers are sleeping less.

What are the reasons for this? Well, stress is an important factor. Like many young people, I find it hard to go to sleep before a big event such as an exam. Our increasing use of technology may also be to blame? New research at

Kings College London, involving 125,000 children and teenagers on four continents, shows that using a phone or tablet before going to bed makes it twice as likely you'll sleep badly that night. And the following day, this lack of sleep can make it difficult to **concentrate on** studying.

But while many schools are attempting to solve this problem by starting the school day later, some schools in New Mexico in the United States are trying something a bit different - they have installed sleeping areas, **where** students can sleep for 20 minutes in specially designed chairs. I recently tried one of these chairs and my first thought was that it looked like something from a science-fiction film. When I lay down on it, the top part slowly covered my head and upper body so that it became dark inside. Some people might find that scary, but I didn't mind, and the gentle music was quite nice. I started to feel sleepy, and that was all I could remember until the lights went on and I woke up. Then, when I got up, I noticed I was a bit calmer than I'd been before. I'm sure someone who had slept badly before they went to school would feel a lot better.

What's the writer's main purpose in writing this text?

- A. To discuss the problem of teenagers sleeping too little.
- B. To describe how she learnt how to sleep better at night.
- C. To explain how using technology can help us sleep better.
- D. To show that nowadays we need less sleep than we used to.

What is the word "**concentrate on**" in paragraph 2 closest in meaning to?

- A. finish
- B. ignore
- C. have intention of
- D. pay attention to

According to the paragraph 2, children and teenagers have trouble getting to sleep because they .

- A. had focused on their lesson at school
- B. had taken an important exam before
- C. use a phone or tablet before going to bed
- D. have to get up early the next morning

What does the word "**where**" in paragraph 3 refer to?

- A. sleeping areas
- B. New Mexico
- C. some schools
- D. designed chairs

What solution have some schools in New Mexico used to help students?

- A. Starting school earlier.
- B. Adding places to sleep with special chairs.
- C. Giving less homework.
- D. Adding more classes.

Which of the following is NOT TRUE in the whole passage?

- A. Across the world, bedtimes are getting later and the young are sleeping less.
- B. Stress is one of main reasons that makes many people sleep badly
- C. The chairs were designed for a science-fiction film in the United States.
- D. The writer didn't feel scary when she lay down on specially desired chairs.

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

### SHARING STUDY TIPS

Studying is an important part of life, and sharing tips can help others do better. Here are (37) \_\_\_\_\_ that have worked for me. First, make a study plan. (38) \_\_\_\_\_ and break your tasks into smaller parts. This helps you manage your time and feel less stressed, especially before exams. Second, find a quiet and comfortable place to study. A clean and organized space can help you focus better. Also, try to limit distractions like your phone or social media while you study. Third, (39) \_\_\_\_\_. You can learn from books, watch videos, or join study groups. Changing your study methods can make learning more fun and help you remember things better. Finally, don't be afraid to ask your teachers or friends for help when you have questions. (40) \_\_\_\_\_. Remember, everyone learns in their own way, so find what works best for you. By following these tips and staying dedicated, you can make your study time more effective and reach your goals. Good luck!

- A. They can give you useful answers and support your learning
- B. Set clear goals for each subject
- C. use different ways to study
- D. some simple study tips

Question 37. \_\_\_\_\_ D

Question 38. \_\_\_\_\_ B

Question 39. \_\_\_\_\_ C

Question 40. \_\_\_\_\_ A

