

## TIẾNG ANH 9 FRIENDS PLUS

### BÀI KIỂM TRA ĐỊNH KÌ

#### UNIT 4 – TEST 1

#### I. Pronunciation (1-4)

**Câu 1.** Which word has the underlined part pronounced differently from that of the others?

- A. umbrella                      B. lunch                      C. cupcake                      D. surprise

**Câu 2.** Which word has the underlined part pronounced differently from that of the others?

- A. boredom                      B. October                      C. tomatoo                      D. ocean

**Câu 3.** Which word has a different stress pattern from that of the others?

- A. lovely                      B. mature                      C. joyful                      D. heartache

**Câu 4.** Which word has a different stress pattern from that of the others?

- A. hopeful                      B. bother                      C. disturb                      D. peaceful

#### II. Choose the answer (A, B, C or D) that best fits the space in each question. (5-14)

**Câu 5.** The loud noise was a big \_\_\_\_\_ during the test.

- A. boredom                      B. concentration                      C. relaxation                      D. annoyance

**Câu 6.** She felt \_\_\_\_\_ when she saw the dirty room.

- A. excited                      B. sympathetic                      C. relaxed                      D. disgusted

**Câu 7.** My friend was very \_\_\_\_\_ when I lost my book.

- A. calm                      B. sympathetic                      C. happy                      D. peaceful

**Câu 8.** It is hard to \_\_\_\_\_ in a noisy classroom.

- A. worry                      B. distract                      C. concentrate                      D. affect

**Câu 9.** You \_\_\_\_\_ wear a helmet whenever you ride a motorbike. It's a rule.

- A. will                      B. must                      C. may                      D. should

**Câu 10.** You \_\_\_\_\_ bring your lunch; the school provides it.

- A. don't have to                      B. have to                      C. cannot                      D. can

**Câu 11.** He \_\_\_\_\_ finish the project on time because he was sick.

- A. can                      B. cannot                      C. couldn't                      D. could

**Câu 12.** We \_\_\_\_\_ study for the exam next week. It's really important.

- A. may                      B. can                      C. could                      D. have to

**Câu 13.** Let's cheer \_\_\_\_\_ Sarah; she looks very sad today.

- A. in                      B. for                      C. up                      D. down

**Câu 14.** Are you going to buy another computer? - "-----"

- A. No, mine is the big one.                      B. It belongs to my brother.  
C. I might get one tomorrow.                      D. I spoke to the customer.

#### III. Look at the signs/ messages/ notices. Choose the best answer (A, B, C or D). (15-16)

**Câu 15.** What does this sign mean?



- A. People aren't allowed to enter this area.                      B. This area is kept open.  
C. We should keep this area out.                                      D. This area is open to everyone.

**Câu 16. What was Whiskers wearing when he was last seen?**

Whiskers is a 3-year-old grey tabby with white paws and a distinctive black stripe down his back. He has green eyes and a small, nicked ear on the left side. Whiskers was last seen on May 15th near Elm Street and Maple Avenue. He was wearing a red collar with a small silver bell. A reward is offered for his safe return.

- A. A red collar with a small silver bell                      B. A blue collar with a gold bell  
C. A green collar with a bronze bell                              D. A yellow collar with a copper bell

**IV. Read the following passage and do as directed. (17-22)**

Music has a powerful impact on our mood. Listening to upbeat and happy music can instantly lift our spirits, making us feel more positive and energized. This type of music is great for boosting motivation and helping us stay productive throughout the day. On the other hand, slow or melancholic music can evoke feelings of calmness or sadness, which can be useful for relaxation or unwinding after a stressful day. People often use music to express and process their emotions. When we are happy, we might listen to lively songs and dance along. When we are feeling down, we might choose slower, more reflective tunes that resonate with our mood. Additionally, music has the ability to trigger memories, making us feel nostalgic or reminding us of specific moments in our lives. Overall, music is a versatile and powerful tool that can significantly influence our emotions and mood in various ways. Whether we need energy, relaxation, or emotional expression, there is always a perfect song to meet our needs.

**Câu 17.** Listening to upbeat and happy music can instantly lift our spirits and make us feel more positive and energized.

- A. True                                      B. False

**Câu 18.** Slow or melancholic music is never useful for relaxation or unwinding after a stressful day.

- A. False                                      B. True

**Câu 19.** People often use music to express and process their emotions, choosing lively songs when happy and slower tunes when feeling down.

- A. False                                      B. True

**Câu 20.** Music has no effect on triggering memories or making us feel nostalgic.

- A. False                                      B. True

**Câu 21.** What type of music is described as being great for boosting motivation and helping us stay productive throughout the day?

- A. Slow or melancholic music                                      B. Classical music  
C. Instrumental music    D. Upbeat and happy music

**Câu 22.** Which of the following is **NOT** mentioned as an effect of music on our emotions or mood?

- A. Triggering memories and making us feel nostalgic
- B. Evoking feelings of calmness or sadness with slow or melancholic music
- C. Improving our physical health directly
- D. Helping us express and process our emotions

**V. Choose the word (A, B, C or D) that best fits the blank space in the following passage. (23-28)**

Dear Maria,

I'm really sorry \_\_\_\_\_ (23) about your math exam. I know it must be \_\_\_\_\_ (24), but don't be too hard on yourself. Everyone faces setbacks, and this is just one small bump on your journey.

First, take a deep breath and give yourself a little break. It's important to clear your mind and not dwell \_\_\_\_\_ (25) the negative feelings. After that, try to analyse where things went \_\_\_\_\_ (26). Was it a particular topic or type of question? Identifying the problem areas can help you focus your study efforts more effectively.

Consider talking to your teacher or a tutor. They can provide guidance and explain concepts you find difficult. Also, practice \_\_\_\_\_ (27) with different types of math problems to build your confidence.

Remember, this is just one exam. You have plenty of \_\_\_\_\_ (28) to improve and succeed. Stay positive and keep pushing forward. You've got this!

Take care,

Max

**Câu 23.** Choose the correct answer.

- A. to hear
- B. hearing
- C. hears
- D. hear

**Câu 24.** Choose the correct answer.

- A. disappointing
- B. disappointed
- C. disappointment
- D. disappoint

**Câu 25.** Choose the correct answer.

- A. by
- B. on
- C. in
- D. of

**Câu 26.** Choose the correct answer.

- A. terrific
- B. good
- C. awesome
- D. wrong

**Câu 27.** Choose the correct answer.

- A. irregular
- B. regularly
- C. regular
- D. irregularly

**Câu 28.** Choose the correct answer.

- A. fragments
- B. opportunities
- C. pieces
- D. aspects

**VI. Supply the correct form of the word given in each sentence. (29-34)**

**Câu 29.** Regular practice helped him \_\_\_\_\_ his public speaking skills significantly. (improvement)

**Câu 30.** He was \_\_\_\_\_ excited about his promotion, as he couldn't stop smiling all day. (obvious)

**Câu 31.** She felt deep \_\_\_\_\_ for her friend who had just lost a loved one. (sympathize)

**Câu 32.** A morning walk can \_\_\_\_\_ you for the rest of the day. (energy)

**Câu 33.** The children grew \_\_\_\_\_ as they waited for the show to start. (patience)

**Câu 34.** The teacher's clear \_\_\_\_\_ made the complex topic easier to understand. (explain)

**VII. Rearrange the groups of words in a correct order to make complete sentences. (35-36)**

**Câu 35.** hard and / If you study / skills significantly. / regularly, you will / practice / improve your

**Câu 36. You should consider** / taking a public / confidence and skills. / course to boost your / speaking

**VIII. Rewrite each of the following sentences in another way so that it means almost the same as the sentence printed before it. (37-40)**

**Câu 37.** The children tidied their rooms. Then they went to the mall with friends.

After the children ...

**Câu 38.** John regretted not attending the English-Speaking Contest last week.

John wishes ...

**Câu 39.** She is the singer. Her album broke the record last week.

She is ...

**Câu 40.** Although his bicycle was broken, Tom managed to arrive at school on time.

Despite ...

**IX. Listening: listen and choose the correct answer. (41-50)**

**Câu 41.** What is one of the primary benefits of regular exercise for the heart?

- |                                     |  |
|-------------------------------------|--|
| <b>A.</b> It slows down metabolism  | <b>B.</b> It increases feelings of sadness |
| <b>C.</b> It makes the heart weaker | <b>D.</b> It keeps the heart strong        |

**Câu 42.** How does exercise help in maintaining a healthy weight?

- |                                    |                                  |
|------------------------------------|----------------------------------|
| <b>A.</b> By burning calories      | <b>B.</b> By reducing endorphins |
| <b>C.</b> By decreasing metabolism | <b>D.</b> By increasing anxiety  |

**Câu 43.** What chemicals are released during exercise that make you feel happy?

- |                    |                    |                      |                   |
|--------------------|--------------------|----------------------|-------------------|
| <b>A.</b> Cortisol | <b>B.</b> Dopamine | <b>C.</b> Endorphins | <b>D.</b> Insulin |
|--------------------|--------------------|----------------------|-------------------|

**Câu 44.** Which of the following is NOT a mental benefit of regular exercise?

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <b>A.</b> Better sleep                | <b>B.</b> Increased anxiety           |
| <b>C.</b> Improved clarity of thought | <b>D.</b> Reduced feelings of sadness |

**Câu 45.** How does regular exercise affect sleep?

- |   |                                     |
|---|-------------------------------------|
| <b>A.</b> It makes it harder to sleep   | <b>B.</b> It causes insomnia        |
| <b>C.</b> It reduces the need for sleep | <b>D.</b> It improves sleep quality |

**Câu 46.** What effect does regular exercise have on energy levels?

- |   |                                   |
|---|-----------------------------------|
| <b>A.</b> Only affects energy levels negatively | <b>B.</b> Decreases energy levels |
| <b>C.</b> No effect on energy levels            | <b>D.</b> Increases energy levels |

**Câu 47.** How does exercise affect the immune system?

- |   |                         |
|---|-------------------------|
| <b>A.</b> Makes you more susceptible to illnesses | <b>B.</b> Improves it   |
| <b>C.</b> Weakens it                              | <b>D.</b> Has no effect |

**Câu 48.** Which of the following is a benefit of including exercise in your daily routine?

- |                                   |                            |
|-----------------------------------|----------------------------|
| <b>A.</b> Reduced immune function | <b>B.</b> Decreased mood   |
| <b>C.</b> Feeling more alive      | <b>D.</b> Increased stress |

**Câu 49.** What is the overall effect of making exercise a habit?

- |                                      |                                   |
|--------------------------------------|-----------------------------------|
| <b>A.</b> Increased risk of diseases | <b>B.</b> Reduced physical health |
|--------------------------------------|-----------------------------------|

C. Healthier, happier life

D. Worsened mental health

**Câu 50.** Why is exercise considered an important part of a healthy lifestyle?

A. It slows down metabolism

B. It has many health benefits

C. It weakens the heart

D. It increases anxiety

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