

Task 1: Listen to Grace and Tom talking about exams. Tick the tips that Grace mentions.

Create a revision schedule – and follow it!	
Don't get exhausted - get plenty of sleep.	
Study in a group from time to time.	
Be positive – imagine yourself passing the exam.	
Take regular breaks – do things you enjoy.	
Remember it's only an exam. You won't die if you fail!	

Task 2: Listen to the conversation again. Are statements 1–6 true or false?

Statements	True	False
1. Tom doesn't usually get good grades at school.		
2. Grace thinks Tom will get sick if he doesn't relax.		
3. Grace thinks Tom should spend less time on his own.		
4. Grace doesn't get stressed about exams.		
5. Grace tells Tom to go out and have a good time.		
6. Tom will say it's Grace's fault if he fails his exams.		

ANSWER KEY

Task 1.

Create a revision schedule – and follow it!	✓
Don't get exhausted - get plenty of sleep.	
Study in a group from time to time.	✓
Be positive – imagine yourself passing the exam.	✓
Take regular breaks – do things you enjoy.	✓
Remember it's only an exam. You won't die if you fail!	

Exercise 2.

1. False 2. True 3. True
4. False 5. True 6. True

AUDIO SCRIPT ((Recording 2.29)

Grace: Hi Tom. Are you coming out with us tonight?

Tom: Oh no I can't. I'm revising for exams. I need to learn fifty French verbs by heart tonight.

Grace: But the exams don't start until next month.

Tom: I know, but I get really nervous about exams. If I don't revise every night, I'll get stressed.

Grace: I don't know why you're so worried. You always get good marks in class.

Tom: I know, but that's different. In exams, I panic. And I really want to get good grades for my A levels. I want to get into a good university.

Grace: Listen, you need to take it easy. If you continue like this, you'll get ill.

Tom: Well, what can I do?

Grace: Okay, first you need to make a revision timetable. If you make a timetable, you'll see that you have plenty of time to do everything.

Tom: Um, yeah, that's quite a good idea.

Grace: And I think you spend too much time alone – sometimes it's good to study with other people.

Tom: Is it? I'm not so sure. They might know more than I do!

Grace: You're so negative.

Tom: Well, it's okay for you, you don't get nervous.

Grace: Of course I get nervous. But I try to be positive. For example, before an exam, I imagine myself in the exam – I know all the answers, and I pass the exam with the best marks.

Tom: Hm. It's true, I'm not very confident.

Grace: Also, you need to take breaks from time to time – go out and enjoy yourself. If you study all the time, you'll get exhausted. So you're coming out with us tonight.

Tom: Oh, am I? Okay, but if I fail my exams, I'll blame you.