

LỚP 8 GHK1 FORM 2026 TEST 7

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 1. A. spoon B. wool C. cool D. tool

Question 2. A. pudding B. push C. cushion D. include

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 3. A. dislike B. detest C. fancy D. prefer

Question 4. A. library B. museum C. melody D. favourite

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 5. This event is held to commemorate the national heroes, _____ it teaches children to respect and be grateful to heroes.

A. and B. or C. but D. so

Question 6. You can take a seat, _____ you can go around and take a look. It's up to you.

A. and B. or C. but D. so

Question 7. Ally tries to overcome the _____ from her family by studying hard to get the best results.

A. media B. teamwork C. website D. pressure

Question 8. Most of the students are associated with _____ or sports teams.

A. school clubs B. stress C. account D. pressure

Question 9. It seems to be _____ idea so far.

A. most brilliant B. more brilliant C. the most brilliant D. the more brilliant

Question 10. Her office is _____ away than mine.

A. father B. more far C. farther D. farer

Question 11. John invited Ann to join his family on _____ to his home village about 60 kilometers to the north of Ha Noi

A. a two-day trip B. two-days trip C. a two-days trip D. a trip two days

Question 12. - Lan: "What are you doing there?"

- Nam: " _____ "

A. Lots of things B. Good idea C. OK D. Not at all

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

TEENAGE WELL-BEING WORKSHOP!

Dear Students,

Our school is excited to announce a special workshop focused on the well-being of (13) _____. We understand that being a teenager can bring many challenges, from academic pressure to social issues.

This workshop aims to help you deal with stress and build confidence. Various topics, such as time management and communication skills, (14) _____ discussed by experienced psychologists. You will also learn how to develop healthy habits and manage your emotions. We believe that every teenager (15) _ feel happy and confident. This free workshop will be held in the school hall. All students are welcome to attend. Certificates (16)

_____ given to all participants.

Question 13. A. children B. adults C. teenagers D. infants

Question 14. A. is B. are C. was D. were

Question 15. A. can B. must C. should D. has to

Question 16. A. will be B. are C. have been D. being

Question 17: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Pizza is a popular food around the world. _____

- a. In fact, you can find pizza in almost every country, each with its own unique twist.
- b. First, it originated in Italy as a simple dish with tomato and cheese.
- c. Nowadays, pizza comes with various toppings, from vegetables to seafood.

- A. b-c-a
- B. a-b-c
- C. c-b-a
- D. b-a-c

Question 18: Choose the sentence that you can end the text (in Question 17) most appropriately.

- A. This is why people love pizza so much.
- B. Pizza is now considered a global dish.
- C. Many people think pizza is unhealthy.
- D. Therefore, pizza is not a good choice for dinner.

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate option that best fits each numbered blank from 19 to 24.

Every teenage feels (19) _____ at times. There are different kinds of troubles, such as academic pressures, family issues and difficulties with peers. We must say that they are the main things that teens have to (20) _____ with on a daily basis. None of us can avoid stress completely, but (21) _____ some advice about things we can do to reduce our stress levels. give us

Firstly, it's important to exercise regularly, and avoid eating (22) _____ food. It is also important to take time out every day to do something that makes you happy. It may be listening to your favorite music, talking to a friend, or (23) _____ time with a pet.

It is always helpful to talk about your problems with others (24) _ that's a friend, your parents or a teacher. As the saying goes, "A problem shared, is a problem halved!"

(Adapted from

<https://znanija.com/task/9402134>) **Question 19.** A. stress B. stressing C. stressed D. stressful **Question 20.** A. cope B. think C. talk D. keep

Question 21. A. psychology B. psychologies C. psychologist D. psychologists

Question 22. A. healthy B. health C. unhealthy D. unhealth

Question 23. A. to spending B. spending C. spend D. to spend

Question 24. A. whether B. about C. wonder D. meaning

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that closest in meaning to the original sentence in each of the following questions.

Question 25. *I play chess to relax, but I'm now confident enough to enter competitions.*

- A. Although I play chess to relax, but I'm now confident enough to enter competitions.
- B. Although I play chess to relax, I'm now confident enough to enter competitions.
- C. I'm now confident enough to enter competitions in spite of being relaxed.
- D. I play chess to relax, and I'm now confident enough to enter competitions.

Question 26. *Teenagers join the Teen Line forum as they enjoy chatting with other teens.*

- A. Teenagers join the Teen Line forum, so they enjoy chatting with other teens.
- B. Teenagers join the Teen Line forum although they enjoy chatting with other teens.
- C. Teenagers join the Teen Line forum, but they enjoy chatting with other teens.
- D. Teenagers join the Teen Line forum because they enjoy chatting with other teens.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.

Question 27: *Teenagers / should / spend / less / time / use / phones.*

- A. Teenagers should spend less time using their phones.
- B. Teenagers should spend less time to use their phones.

- C. Teenagers should spending less time using their phones.
- D. Teenagers should spent less time using their phones.

Question 28: *Many / challenges / face / by / teenagers / today.*

- A. Many challenges face by teenagers today.
- B. Many challenges are faced by teenagers today.
- C. Many challenges were faced by teenagers today.
- D. Many challenges is faced by teenagers today.

Question 29: What does the sign say?



- A. You can make noise and talk loudly in this area.
- B. This area is for quiet and no loud noises are allowed.
- C. Making noise is encouraged and allowed in this area.
- D. The area is not watched, so noise is not controlled.

Question 30: What does the sign say?



- A. You are allowed to go into this area anytime you want.
- B. You should stay away and not enter this area.
- C. This area is used for special events or activities.
- D. You are allowed to enter only if you have a special pass or permission.

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.

TEEN STRESS

Teenagers today live in a very competitive world. It is more important than ever to **succeed** at school if you hope to have a chance in the job market afterwards. It's no wonder that many young people worry about letting down their parents, their peers and themselves. To try to please everyone, they take on too many tasks until it becomes harder and harder to balance homework assignments, parties, sports activities and friends result is that young people suffer from stress.

There are different ways of dealing with stress. Everyone knows that caffeine, in the form of coffee or soft drinks, keeps you awake and alert. But caffeine is a drug which become addictive. In the end, like other drugs, caffeine only leads to more stress. There are better ways to deal with stress: physical exercise is a good release for stress, because it increases certain chemicals in the brain which **calm** you down. You have to get enough sleep to avoid stress and to stay healthy and full of energy.

Another way to avoid stress is to manage your time effectively. It is better to do a few tasks really well, than lots of tasks badly. Know your limits and try not to take on top much. Finally, if it all gets beyond your control, don't panic or get hysterical. Find the time to sit down quietly and breathe deeply for ten to twenty minutes. Do this regularly, and it will help you calm down and put things into perspective.

Question 31. The word "**succeed**" is CLOSEST in meaning to __.

- A. Fail B. achieve C. try D. expect

Question 32. The word **calm** is OPPOSITE in meaning to ____.

- A. Relaxed B. peaceful C. excited D. Quiet

Question 33. What is the main topic of this passage?

- A. How to get good grades at school.
B. The dangers of caffeine
C. Different ways teenagers can deal with stress.
D. The importance of sports activities.

Question 34. Which of the following statements is NOT true according to the passage?

- A. Teenagers often feel stressed because they try to do too many things.
B. Caffeine can help you stay awake and alert, but it can also cause more stress.
C. Doing lots of tasks badly is better than doing a few tasks really well.
D. Getting enough sleep can help you avoid stress.

Question 35. According to the passage, why is it important for teenagers to succeed at school?

- A. To please their friends.
B. To have a better chance in the job market.
C. To get more homework assignments.
D. To avoid physical exercise.

Question 36. What is one recommended way to deal with stress, besides physical exercise and enough sleep?

- A. Drinking more coffee.
B. Taking on more tasks.
C. Managing your time effectively.
D. Getting hysterical.

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

Hoa Binh and Thanh Hoa are two main provinces where there are more than 1.4 million Muong people living. They speak the Muong language which belongs to the Mon - Khmer group.(37) __. They cultivate mainly wet rice on terraced land, watered by small brooks. They also make handicrafts and exploit forest products (38) __.

Men dress in Indigo pajamas and women wear skirts with many colorful patterns knitted on. The Muong build their houses on stilts with 4-roof architecture, (39) __. They are wooden houses in the shade of big trees, huddling against the mountain, and looking out on their vast rice fields. (40) __. The Muong follow traditional religious animism, which means that they believe that non-living objects have spirits. They build altars in their houses to worship ancestral spirits and other supernatural spirits. One of their most important festivals is the "Going to the Fields" ceremony.

- A. such as mushrooms, dried fungus, and ammonium to improve their living condition
B. Therefore, it is convenient for their living and farming
C. , which are about six feet off the ground
D. However, some of them also know the Kinh language

Question 37.

Question 38.

Question 39.

Question 40.

