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| **ĐỀ SỐ 7** | **ĐỀ LUYỆN THI VÀO LỚP 10**  **(NGHỆ AN)** |

***Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.***

**1.** A. loved B. changed C. checked D. caused

**2.** A. sculpture B. treatment C. pottery D. lantern

***Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.***

**3.** A. method B. result C. correct D. improve

**4.** A. conditional B. technology C. co’mmunity D. education

***Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of stress in each of the following questions.***

**5.** \_\_\_\_\_\_\_\_\_\_ the power outage, the entire neighborhood was in darkness.

A. Although B. Because C. In spite of D. Because of

**6.** Spanish is the \_\_\_\_\_\_\_\_\_\_ language of Mexico and many countries in Latin America.

A. regional B. foreign C. official D. bilingual

**7.** Good communication skills are essential \_\_\_\_\_\_\_\_\_\_ success in any profession.

A. in B. over C. out D. for

**8.** Sarah \_\_\_\_\_\_\_\_\_\_ listening to music while working.

A. enjoys B. wants C. admits D. needs

**9.** John is the most \_\_\_\_\_\_\_\_\_\_ person I know; he can strike up a conversation with anyone.

A. society B. socialize C. sociably D. sociable

**10.** The environmental club suggested \_\_\_\_\_\_\_\_\_\_ plastic waste from the beach to clean it up.

A. to collect B. collect C. collected D. collecting

**11.** After a long day of work, I'm too tired to cook, so let's \_\_\_\_\_\_\_\_\_\_ tonight.

A. find out B. bring out C. look out D. eat out

**12.** We should educate the public about wildlife, \_\_\_\_\_\_\_\_\_\_\_\_?

A. shouldn’t we B. should we C. don’t we D. do we

***Mark the letter A, B, C, or D on your answer sheet to indicate the word that is CLOSEST In meaning to the underlined word(s) in the following sentence.***

**13.** The couple tried to **converse** in the busy restaurant, but they couldn't hear themselves speak.

A. talk B. eat C. discuss D. write

***Mark the letter A, B, C, or D on your answer sheet to indicate the word that is OPPOSITE in meaning to the underlined word(s) in the following sentence.***

**14.** You must be **on time** for your interview or you will not be accepted for the job.

A. early B. exact C. late D. punctual

***Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of the sentences to make a meaningful dialogue in each of the following questions.***

**15.**

a. Anna: I just heard *APT* on Youtube, and it made my day!

b. Anna: Exactly! Music has such a powerful way of lifting our spirits.

c. Ben: That's awesome! I love that song too; it always puts me in a good mood.

A. c-b-a B. c-a-b C. a-c-b D. b-c-a

**16.**

a. Sophie: Maybe for some jobs, but not all. Creativity still needs people.  
b. Sophie: As long as it doesn’t take over my coffee machine, I’m fine!

c. Liam: True, but AI is getting smarter every day.

d. Liam: Do you think AI will ever replace humans at work?  
A. b-d-c-a B. a-d-c-b C. c-d-a-b D. d-a-c-b

**17.**

a. Cuong: Awesome! Let’s head out after lunch.

b. Nhi: Good idea! I’ll check if there are any sales.

c. Cuong: Do you want to go to Big c later to buy groceries?

d. Nhi: Sure! I need to restock my kitchen.

e. Cuong: I’ll make a list so we don’t forget anything.

A. a-d-c-e-b B. b-c-e-a-d C. d-e-a-b-c D. c-d-e-b-a

***Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the best option that fits each of the numbered blanks from 18 to 20.***

**5 STEPS TO TAKE IF YOUR ELEVATOR STOPS**

If the elevator has stopped, it is important to follow these steps:

1. Remain calm and do not attempt to leave the cab without first being cleared to do so by a certified technician or the Fire Department. Request (**18**) \_\_\_\_\_\_, use the elevator’s emergency button, intercom or phone.

2. Keep your distance from the door (**19**) \_\_\_\_\_\_ all times and do not try to force the doors open.

3. Remember that the elevator has air circulation openings, so there will be no limit on available air inside the cab.

4. Wait for qualified assistance to arrive. Only a (**20**) \_\_\_\_\_\_ technician or the Fire Department should perform a rescue, if one is deemed necessary.

**18.** A.assisted B. assistance C. assistant D. assisting

**19.** A.of B. in C. at D. during

**20.** A. amplified B. simplified C. quantified D. qualified

***Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best option that fits each of the numbered blanks from 21 to 25.***

The USA is encouraging Americans to wear face masks. There has been a lot of talk about whether or not face masks are effective in helping slow down the (**21**) \_\_\_\_\_\_\_\_\_\_\_\_ of the COVID -19 coronavirus. The government is set to encourage Americans to use homemade face covering like cloth masks, bandanas and scarves. At first, the WHO and (**22**) \_\_\_\_\_\_\_\_\_\_\_\_ health organizations recommended that people (**23**) \_\_\_\_\_\_\_\_\_\_\_\_ were not sick didn’t need to wear masks or cover their faces. (**24**) \_\_\_\_\_\_\_\_\_\_\_\_, it is now proved that face masks can work (**25**) \_\_\_\_\_\_\_\_\_\_\_\_. They point to countries like Singapore and South Korea, where people wear masks and reported infection rates are lower.

**21.** A. release B. widening C. lengthening D. spread

**22.** A. some B. any C. a D. much

**23.** A. which B. where C. why D. who

**24.** A. Moreover B. Although C. However D. Because

**25.** A. effect B. effectively C. effective D. effects

***Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.***

**Practical Stress Management**

Stress is a natural part of life, but managing it effectively is essential for overall well-being. When stress becomes **overwhelming**, it can negatively affect physical and mental health. Practical stress management techniques help individuals stay balanced and improve their quality of life. Understanding how to control stress through simple daily habits can lead to long-term benefits.

One effective way to manage stress is through physical activity. Exercise releases endorphins, which improve mood and reduce tension. Activities like walking, yoga, and deep breathing can help relax the mind and body. Additionally, maintaining a healthy diet and getting enough sleep are crucial for stress management, as they support overall mental and physical health.

Another useful method is time management. Planning tasks, setting priorities, and taking breaks can prevent feelings of being overwhelmed. Practicing mindfulness and relaxation techniques, such as meditation and journaling, also helps people stay focused and calm. Spending time with loved ones and engaging in hobbies can further reduce stress and promote emotional well-being.

While stress is unavoidable, adopting practical strategies can make it more manageable. By incorporating exercise, good nutrition, relaxation techniques, and effective time management, individuals can lead healthier and happier lives. Managing stress effectively allows people to stay productive, maintain strong relationships, and enjoy a better overall sense of well-being.

**26.** What is the main topic of the passage?  
A. The causes of stress  
B. The importance of sleep  
C. Practical ways to manage stress  
D. The effects of stress on health  
**27.** Which of the following is NOT mentioned as a stress management technique?  
A. Exercising regularly B. Watching television  
C. Practicing mindfulness D. Getting enough sleep  
**28.** The word "**overwhelming**" in paragraph 1 is closest in meaning to \_\_\_\_\_.

A. Encouraging B. Exciting C. Intense D. Unimportant  
**29.** Why is physical activity helpful for stress management?  
A. It releases chemicals that improve mood.  
B. It increases daily responsibilities.  
C. It helps people avoid social interactions.  
D. It reduces the need for relaxation.  
**30.** How does time management help reduce stress?  
A. It eliminates all responsibilities.  
B. It helps people prioritize tasks and stay organized.  
C. It forces people to work longer hours.  
D. It replaces the need for social interactions.  
**31.** What is the overall benefit of managing stress effectively?  
A. It leads to better health and well-being.  
B. It increases stress levels over time.  
C. It prevents all negative emotions.  
D. It makes work responsibilities disappear.  
***Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of the sentences to make a meaningful paragraph in the following question.***

**32.**

a. One important step in this process is understanding the different categories of waste, such as recyclables, organic waste, and general trash, which can greatly impact how each type is disposed of correctly.

b. Educating the community about the significance of waste classification can also foster a sense of responsibility and encourage everyone to participate actively in environmental conservation efforts.

c. Proper waste sorting is essential for effective recycling and waste management, helping to reduce the amount of garbage that ends up in landfills.

d. For instance, materials like plastic, paper, and glass should be separated from organic waste, as they can be processed and transformed into new products if collected and sorted properly.

e. In conclusion, by promoting the correct methods of waste sorting, we can contribute to a cleaner environment and ensure that valuable resources are reused instead of discarded.

A. b-c-a-d-e B. c-a-d-b-e C. d-c-b-a-e D. a-d-c-b-e

***Mark the letter A, B,* *C* *or D to indicate the underlined part that needs correction in each of the following questions.***

**33.** Despite of (A) its general safety (B), acupuncture isn’t (C) for everyone (D).

**34.** Look at (A) the dark clouds (B). I’m sure (C) it will rain (D) soon.

**35.** Acupuncture is one (A) of the oldest (B) medical treatment (C) in (D) the world.

***Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the given one.***

**36.** No other student in his class is as successful as Pat.

A. The more successful his class is, the more success Pat gets.

B. Pat is the most successful student in his class.

C. His class is less successful than Pat is

D. Pat succeeded in beating all other students in his class

**37.** Although his living conditions were not good, he studied very well.

A. Because of his difficult living conditions, he studied very well.

B. Despite of his difficult living conditions, he studied very well.

C. Despite his difficult living conditions, he studied very well.

D. He studied very well just because he lived in difficult conditions.

**38.** “What is Steve doing in the garden now?” she asked.

A. She asked what Steve was doing in the garden then.

B. She asked what was Steve doing in the garden now.

C. She asked what is Steve doing in the garden then.

D. She asked what Steve is doing in the garden now.

***Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that best combines the two given ones.***

**39.** She cannot go to work. She fully recovers from her illness.

A. She cannot go to work after she fully recovers from her illness.

B. She cannot go to work before she fully recovers from her illness

C. She cannot go to work if she fully recovers from her illness.

D. She cannot go to work because she fully recovers from her illness.

**40.** You need to study your vocabulary words. You can do well on the quiz.

A. You need to study your vocabulary words because you can do well on the quiz.

B. You need to study your vocabulary words before you can do well on the quiz.

C. You need to study your vocabulary words so that you can do well on the quiz.

D. If you need to study your vocabulary words, you can do well on the quiz.