





## Healthy living for teens

**Task 1. Read the suggestions for how to follow your dreams. Complete them with the correct form of these words and phrases.**



be worth it	encourage	get into
give up on	put off	take pride in

### *How to follow your dreams*

#### **Do**

-  1. \_\_\_\_\_ several things that interest you, so that you can discover your passion.
-  spend time with positive people who really 2. \_\_\_\_\_ you.
-  remember that the hard work that you put in 3. \_\_\_\_\_
-  4. \_\_\_\_\_ the things that you achieve.

#### **Don't**

-  let small problems 5. \_\_\_\_\_ you . \_\_\_\_\_
-  6. \_\_\_\_\_ a dream just because it's difficult.

**Task 2. Choose the correct answer (A, B, C or D) for each gap.**

- Louise has learnt a poem \_\_\_\_\_ - she can remember all of it.  
A. compulsory      B. academic      C. by heart      D. by memory
- My class is \_\_\_\_\_ ability. There are some good students and some poorer students.  
A. between      B. low      C. full      D. mixed
- Is that your \_\_\_\_\_? He's smiling at you.  
A. graduate      B. classmate      C. after-school activity      D. term
- It isn't \_\_\_\_\_ to wear a school uniform. We can wear what we want.  
A. nice      B. academic      C. useful      D. compulsory
- When do you \_\_\_\_\_ up for the school holidays?  
A. break      B. move      C. keep      D. line
- If you don't hand \_\_\_\_\_ your homework, you will get into trouble.  
A. in      B. into      C. up      D. on

7. I can't \_\_\_\_\_ with my Maths homework! It's really difficult and I don't know how to do it.
- A. get                      B. move                      C. cope                      D. keep
8. My cousin has \_\_\_\_\_ into university. He starts classes in September.
- A. got                      B. been                      C. kept                      D. moved
9. You must \_\_\_\_\_ attention in class.
- A. make                      B. pay                      C. do                      D. take
10. Sarah is \_\_\_\_\_ an exam this afternoon. She's studied hard.
- A. skipping                      B. taking                      C. setting                      D. making
11. I'm not good at art so I'm \_\_\_\_\_ this subject. I'll try French now.
- A. attending                      B. marking                      C. dropping                      D. taking
12. John has \_\_\_\_\_ his Biology exam so he must take it again.
- A. passed                      B. revised                      C. failed                      D. gone

**ANSWER KEY**
**Task 1.**

1. get into                      2. encourage                      3. is worth it  
 4. take pride in                      5. put you off                      6. give up on

**Task 2.**

1. C                      2. D                      3. B                      4. D                      5. A                      6. A  
 7. C                      8. A                      9. B                      10. B                      11. C                      12. C

**WORDLIST**

Word	Pronunciation	Meaning
Compulsory (adj)	/kəm'pʌlsəri/	Bắt buộc
Drop (a subject) (v)	/drɒp/	Bỏ (1 môn học)
Mixed ability	/,mɪkst ə'biləti/	(lớp học) đa trình độ
Break up (for holiday) (phr.v)	/'breɪk ʌp/	Nghỉ (kỳ nghỉ lễ, nghỉ phép, nghỉ hè...)
Fail (an exam) (v)	/feɪl/	Thi trượt
Get into trouble (phr)		Gặp rắc rối
Get into (phr.v)		Trở nên hứng thú
Give up on (phr.v)		Từ bỏ, dừng (hi vọng, ước mơ)
Learn by heart (phr)		Học thuộc lòng
Put sb off (phr.v)		Tri hoãn
Take pride in (phr.v)		Tự hào (về ai/ điều gì)

